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*Who Seeks Shall Find*

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*Cover—Lost Lake and Mount Hood, Ore., by Josef Muench*

## *Monthly Thoughts*

BY CHARLES FILLMORE

To be Used from October 20 to October 31

*Illumination:* The glory of the Holy Spirit is pouring itself out upon me, and I radiate Truth.

*Prosperity:* The heaped-up pressed-down, and running-over abundance of the Holy Spirit is mine, and I am prospered.

*Healing:* The Holy Spirit is pouring its vitalizing, harmonizing, life, strength, and health into and through me. I am made whole.

*For instructions about these thoughts turn to page 48*

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# Unity

*Founded in 1889 by Charles Fillmore*

George E. Carpenter, Editor

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## *The Unfoldment of Love*

from the writings of

CHARLES FILLMORE

AMONG PEOPLE who think, there is no question about love's being the greatest harmonizing principle known to man. The question is how to get people to use love in adjusting their discords. Where for a lifetime there has been continuous agitation for lawmaking and force as panaceas for the discords of humanity, the simple and easy methods of love seem childish and silly. The minds of reformers have as a rule been charged and surcharged with pictures of the unjust conditions in the world and their righteous indignation often excited to the boiling point. Their uppermost thought is how to outlaw or crush the oppressors. They fairly explode with indignation when love or some of its attributes are proposed as a remedy. This brings up the matter of the component parts of love, what the elements are that constitute that very quiet and apparently

powerless thing that is generally known as love.

Paul says (I Corinthians 13) that love is composed of patience, kindness, generosity, contentment, modesty, goodness and good temper, truth, burden-bearing capacity, faith in everything, a hope for the happy outcome of everything, and never a thought of failure. These are some of the working parts of love, but not all. The fact is that love is fundamental in every activity of life, not only in the spiritual and mental but in the mechanical and physical as well.

Scientists describe gravitation as the force with which bodies attract each other. This definition holds good in the mental, in the physical, and for all we know, in the spiritual. So what the physicist calls gravity is one of the activities of love. Withdraw for one instant the steady pull of love from mother earth and we, her children, would be plunged into space and darkness. We should remember this when we are tempted to think that no one loves us. The spiritually developed man gives thought and attention to these apparently invisible yet powerful forces and, by repeated mental contacts, unifies spirit, soul, and body in the one Mind, which sustains and unifies all things.

Love is the great mystery of life. The spiritually wise see love as the force that infolds with mathematical precision the galaxies in space as well as the tiniest atom. Science names it gravity.

It is through this process of unfolding love that great men are developed. Men are not created great but with capacity to become great. Many factors enter into spiritual growth, some minor and some major, but a man never attains supermind power without love. The reason why love is essential is

that love is the binding power, the factor so necessary to strengthening, fortifying the soul and body. Hate and antagonism are disintegrating and they destroy the cohesion of the spiritual electrons and protons of which the mind is built.

There are metaphysicians who think this earth is a temporary abiding place of man, a kind of kindergarten, where lessons are learned in a single lifetime that fit the soul at death to fly away to paradise or some beautiful place in the skies. This line of thought separates man from his source and builds a mental gulf between mind and body. The body is the precipitation of the thinking part of man; if it has developed sensuality and separation, the body must be redeemed by being unified with spirit, and this unification is accomplished through the expression of love.

When like Jesus we have developed love for all things, even for our enemies, then the body and all its elements become plastic to thought and we have all power in heaven and in earth. The energy of light through which creative Mind rules the universe is amenable to man when his mind of love synchronizes with creative Mind and he can say, "I and the Father are one." According to physicists, nature in all its forms is an electromagnetic "solution" in which the atoms spin like cannon balls about one another; that is, nothing is solid, as it seems to be, but everything floats in ethereal space, ready to fly about at the impulse of a directive mind of superenergy such as that of Jesus. With this understanding we can see that Jesus was stating facts of superscience when He said to His disciples, "If ye have faith as a grain

of mustard seed, ye shall say unto this mountain, Remove hence to yonder place; and it shall remove; and nothing shall be impossible unto you."

In his "Essay on Man" Pope must have had something akin to this combination of gravity and love in mind when he wrote,

"When the loose mountain trembles from on high,
Shall gravitation cease, if you go by?"

In us who are followers of Jesus in the regeneration, which engrafts upon the natural man the spiritual genius that causes him to develop superman power, Spirit begins its work by inspiring us to do little things in love. From this doing grow larger capacities until we attain the full stature of the Christ man.

According to Revelation, Jesus said, "He that overcometh, I will give to him to sit down with me in my throne."

We begin our overcoming by thought mastery. We begin the mastery of thoughts of hate and force by first thinking and doing the little component parts of love. Begin today to be a little more patient. Practice kindness. Be generous in thought and act. When you are tempted to lose your temper, say "I have a good temper." Affirm your truthfulness under all circumstances. If your burdens seem greater than you can bear, remember what Jesus said: "Come unto me, all ye that labor and are heavy laden, and I will give you rest." Develop spiritual faith by believing in spiritual forces accomplishing for you the seemingly impossible. Affirm a propitious outcome for everything you plan or do, and never admit failure in anything.

# *Envy*

CLARA BERANGER

A CHARMING YOUNG FRIEND of mine asked me to help serve at a birthday party for Louise, her nine-year-old daughter. An incident occurred at that party which impressed me greatly because it demonstrated two ways of overcoming envy in children. One little guest brought a particularly beautiful doll of her own to play with, to the envy of all the other girls. When the birthday child said she wished she had that doll, her mother answered quietly: "Stop and think, Louise. If you had it, Helen wouldn't have it, and look how unhappy that would make her."

Louise nodded. "That's so, Mummy, I didn't think of that." And she ran off happily to play with her own toys.

Another child tried to grab the doll and screamed: "Let me have it, I want it, I want it." Her mother took her in her arms and petted her. "Don't cry darling," she said, "Santa Claus will bring you one just like it."

Most children want what they see. If one watches a group of children at play, he notices that each child struggles for the toy with which another child is playing. Almost from the time children can talk, they express a desire for something owned by a brother, sister, or playmate.

The unwise mother, under the delusion that she must keep her offspring content at all costs, gives in

to the desire. The wise mother tries to keep her child happy by directing his attention to something he already owns; or, as in the case of my young friend, by explaining that the other person would be unhappy if he were deprived of the object of envy. If a child is old enough, he can be taught that envy is a fault that brings nothing but discontent and unhappiness. He can be taught that if he trusts in God and prays to Him he will never want for any good thing. Such training in early years determines whether a child grows up to be content with what he has or whether he allows envy of others to cast a shadow over his life.

Envy and jealousy are often used synonymously, but they may also be used to mean various things. We may be jealous of what is our own; we may be envious of what is another's. A jealous person may fear to lose what he has; an envious person may be miserable when he sees another has something that he does not have.

Because envy is born in the mind, students of Truth who learn to control their thinking can, by regular spiritual work, eradicate the fault. Paul said: "Love envieth not." In his essay "Compensation," Ralph Waldo Emerson says that compensation for inequalities of outer conditions lies in the nature of the soul; that if we look at the facts closely inequalities will vanish. "Love reduces them as the sun melts the icebergs in the sea. . . . If I feel overshadowed and outdone by great neighbors, I can yet love." This feeling of being overshadowed by the superior accomplishments of neighbors and a feeling of necessity for "keeping up with the Joneses" are

common forms of envy. Envy may imply a desire for the advantages, possessions, and position held by a friend or neighbor. If the Jones family gets a new car, a neighbor may be so envious that before long he buys one equally good or better, even though he may have to go into debt for it. If the daughter of the Jones' home appears in a new suit, the neighbor's wife feels compelled to buy their daughter a new suit. The list of things enjoyed by the Joneses or the advantages they have could be expanded to include household appliances, educational opportunities for the children, social position, and all sorts of other benefits that may evoke envy.

A woman acquaintance of mine suffers from envy. She cannot see another woman wear something new without wanting a similar one for herself. Because she becomes discontented if she cannot buy what her friends and acquaintances have, she has made her own life and that of her family miserable. Her husband does the best he can to supply her wants and often works overtime so that he can give her more money. But her desire for things is a bottomless pit.

Her mother-in-law recently said to me: "Ella's envious nature is making my son old before his time, and I can't do a thing about it. If I were to say anything to him, he would come to her defense at once. And of course I can't say anything to her. I'd only be called an interfering mother-in-law, It wouldn't do any good anyway. The fault of envy is too deeply rooted in her character."

Because they are not close friends and have never spoken to me about their religious beliefs, I

could not say things I would like to have said. But I thought of Emerson's words and realized their truth. If there is love in our hearts, the distinction between *his* and *mine* vanishes. We are all children of the same God. If we truly love our neighbor, we cannot be envious of him. We rejoice in his blessings, even if they seem to be greater than our own. If we love God and are thankful to Him for every benefit He gives us, we will never become discontented by comparing our lot with that of other persons.

Nothing will blot out envy more quickly than an attitude of thankfulness. Our replacing the constricting, pain-creating thought of envy with the expansive, joy-creating thought of gratitude will change discontent to content and misery to happiness. The thankful spirit is a happy spirit. Constant recognition of the abundance of God's good always available to us will keep us satisfied with what we have and will free us from envy of what others have.

So often does the Psalmist praise God that we know he had the habit of thanksgiving.

"I will sing unto Jehovah,
Because he hath dealt bountifully with me."

"It is a good thing to give thanks unto Jehovah,
And to sing praises unto thy name, O Most High."

"Praise ye Jehovah.
Oh give thanks unto Jehovah; for he is good;
For his lovingkindness *endureth* for ever."

"Enter into his gates with thanksgiving,
And into his courts with praise:
Give thanks unto him, and bless his name."

These are but a few of the many verses from the Psalms that praise and thank the Lord. The Psalmist knew, as we must learn, that one constantly grateful to God for blessings received can never feel discontent or dissatisfaction.

Gratitude is a quality that blesses both its giver and its receiver. The many commands throughout the Bible to rejoice and give thanks to the Lord show the importance its wise authors placed on gratitude. Paul says in the Epistle to the Colossians: "Let the peace of Christ rule in your hearts . . . and be ye thankful." In Ephesians he said: "Giving thanks always for all things in the name of our Lord Jesus Christ to God, even the Father." If we remember to give thanks for everything that is ours to enjoy—the beauty of the day, a flower, a book, a friend, music, a loving family, all the things we see and touch and hear—we are lifted up in consciousness to a height where neither envy nor any other negative thought can reach.

A short story, "The Necklace," by the French writer de Maupassant, illustrates the tragedy that can result from the sin of envy. Mathilde Loisel, a beautiful young matron, is endlessly discontented with her own poor surroundings and envious of those who are rich. Borrowing a diamond necklace from a rich friend to wear to a ball, she loses it and her husband has to go heavily into debt to replace it. It takes ten years of scrimping and drudgery to pay off the debt. And by that time Mathilde is an old hag, hard and course. The ironic twist at the end of the story that the borrowed necklace was an imitation of paste, points to the moral that material possessions

are not worth the struggle human beings may endure to achieve them.

The Tenth Commandment states: "Thou shalt not covet thy neighbor's house, thou shalt not covet thy neighbor's wife, nor his man-servant, nor his maid-servant, nor his ox, nor his ass, nor anything that is thy neighbor's." Covetousness, then, is the inordinate desire for something belonging to another. It breaks one of God's commandments, given to Moses on Mount Sinai, and is therefore a sin. Since envy may induce covetousness, it approximates sin.

Both the Old and New Testament warn against envy and covetousness and place them with malice, hatred, and other elemental traits as sins to be avoided. In the Epistle to the Romans, Paul describes practices that are "hateful to God," which include "all unrighteousness, wickedness, covetousness, maliciousness . . . envy, murder, strife, deceit, malignity." The Prophets and Jesus also preached strongly against covetousness as a backsliding from the path of spirituality. Jeremiah, foretelling the destruction of Babylon, warned: "O thou that dwellest upon many waters; abundant in treasures, thine end is come, the measure of thy covetousness." When one of the multitude asked Jesus to bid his brother share his inheritance with him, Jesus answered: "Take heed, and keep yourselves from all covetousness: for a man's life consisteth not in the abundance of the things he possesseth."

He who truly desires to live a spiritual life tries not to envy anyone or to covet his possessions, for he knows in his heart that God provides abundantly for

all His children. Yet there are times when even the most spiritual of persons may feel envy and find it difficult to eliminate Like other faults that are not pleasing to God, envy results from keeping the eyes too much on human and material values instead of on things of the Spirit.

We allow ourselves to forget that God never turns away from us, that He always keeps His promises of love and life and abundance. But in our quest for human benefits and material goods, we too often turn away from God. We forget the truth that Jesus taught: "Seek ye first his kingdom, and his righteousness; and all these things shall be added unto you."

Jesus warned against giving too much attention to clothes or food or drink. He said that our Father knows we have need of these things, and it is His good pleasure to give us the kingdom. He also warned against piling up treasures on earth, because we are prone to center our hearts where our treasures are.

When we harbor envy of another's good, whether it be his superior possessions, advantages, success, or mental endowments, we lack faith in God's promises of good. Envy clogs the channel between our minds and the perfect mind of God so that we cannot receive His good.

What someone else possesses is no business of ours. Our business is to live as God would have us live, to use the power He has given us to improve ourselves in His sight, to strengthen and develop our own indwelling Christ by seeking first and always the kingdom of God. As we mature spiritually our

faults will disappear, and we will experience the greatest good of all—awareness that God is right here in the midst of us and that His Spirit gives us power not only to overcome faults but to manifest their opposite, good.

When we try to overcome faults through use of our own will power, we are apt to feel strained and tense. Once we admit to ourselves that we have a fault or bad habit we should not say, "I'll get rid of it. I can fight this out myself." Rather, we should forget the fault and turn to God with full realization that the human will is weak, vacillating, and limited in power whereas God's will for us is strong, steady, and limitless. The human mind is fallible, full of doubts and conflicts. Divine Mind is infallible, sure, and serene. Our task is to give up our vain human striving, our inclination to rely solely on our own will, and to remember every moment that the presence and power of God are always available for our use. But we must have faith and constantly acknowledge God. "I acknowledge Thy presence and power, O blessed Spirit; in Thy divine wisdom now erase my mortal limitations, and from Thy pure substance of love bring into manifestation my world, according to Thy perfect law." This invocation, this realization of the wisdom and love of God will open the channel between us and Him and let His Spirit have its perfect way with us. But we must acknowledge and call on Him.

"He shall call upon me, and I will answer him . . .

I will deliver him, and honor him."

If we are honest with ourselves and admit the

fault of envy, if we have been discontented and unhappy because of it, we can eliminate the fault and achieve contentment by turning to God for help. The help will surely come. We will feel calm and at peace as His Spirit flows into us. We will be so thankful for all the good that is ours that we will wonder how we could ever have envied the good of someone else.

If we truly trust and love God, we will want to make ourselves over in His image and likeness. Jesus said that He would leave His peace with us—that glorious infinite peace that transcends understanding. An envious mind knows no peace, for envy stirs up the mind as a storm stirs up the sea. In Proverbs we find:

"A tranquil heart is the life of the flesh;
But envy is the rottenness of the bones."

If you have been guilty of being envious, you must seek with God's help to cleanse yourself, for your own peace of mind and the peace of those whose lives touch yours. By constant prayer, you can lift yourself out of human limitations. With God's help, you can change yourself into a person that is pleasing in His sight. When you realize the temporal value of material goods, you will see that the only values worth striving for are those of the Spirit. Jesus said: "Lay not up for yourselves treasures upon the earth, where moth and rust consume, and where thieves break through and steal: but lay up for yourselves treasures in heaven."

You can rid yourself of envy by affirming: *I am innocent of the fault of envy, for I know that God can and will provide everything I desire or need. I*

*have faith in the power of God to make me perfect in all ways, and from Him I gain strength to overcome every weakness. I am still and know that God within me is helping me to eliminate my human desire for earthly treasures, lifting my consciousness to His kingdom where I behold the treasures of heaven. I am full of gratitude and praise for His wise guidance and infinite love.*

You can be helped in the work of overcoming envy by meditating on these beautiful words from the Bible:

"My soul, wait thou in silence for God only;
For my expectation is from him."

"My God shall supply every need of yours according to his riches in glory."

"Thou openest thy hand,
And satisfiest the desire of every living thing."

"But godliness with contentment is great gain: for we brought nothing into the world, for neither can we carry anything out."

"Be ye free from the love of money; content with such things as ye have: for himself hath said, I will in no wise fail thee, neither will I in any wise forsake thee."

"For he satisfieth the longing soul,
And the hungry soul he filleth with good."

"Love suffereth long, *and* is kind; love envieth not."

"He that cometh to God must believe that he is, and *that* he is a rewarder of them that seek after him."

"Let us choose for us that which is right:
Let us know among ourselves what is good."

"For I have learned, in whatsoever state I am, therein to be content."

# *Practice in Prayer*

MARABETH FLEMING

"ALL WE CAN DO is pray for the poor fellow!" How often we have heard—or said—these words with a sad shake of the head! Perhaps we have accepted the apparent hopelessness of a certain situation. Yet we know, or should know, that when we turn to prayer we have called on the most powerful force in the world. Why is it, then, that so many of us seem to look on prayer as a last resort, as a feeble cry for help when all else fails? It is not that we do not believe in prayer, but that the actual habit of prayer seems so hard to acquire.

Is there a way to set ourselves right as regards the power of prayer?

Let us look back over the years to see how many of our prayers have been answered. That position we wanted was given to us; a loved one was healed; some trouble, which seemed too great for us to bear, was miraculously lightened. Even in the little things God heard us: A lost article was recovered; the bus came that morning in the nick of time, so that we were not late for work after all; the arrival of a check we were not expecting made it possible for us to buy needed shoes.

Yes, we prayed for these things; but somehow when they were given to us we did not think of them as answers to our prayers. We said, "That was a good break," or "Luck was on our side this time." If we did return thanks, it was without much fervor.

"Of course, we believe in answered prayer," we said, "but this kind of prayer is for saintly people. We're just not good enough for God to answer us." When we said these words we thought we were being very humble. But was this true humility? Or was it not a kind of egotism, because we were looking to ourselves? Rather than looking to ourselves, we should be looking to God—God, who is all powerful, ever ready, and waiting to hear our prayers. We should forget ourselves and turn to Him in faith, joyfully recognizing the answers that He will surely give.

Consider the woman in the parable in which Jesus likened the kingdom of heaven to leaven. This woman was not a ruler or even a great lady. She was a simple woman, baking bread; but Jesus mentioned her to illustrate His picture of the kingdom of heaven. She was doing an ordinary task. She put the proper ingredients together to make bread. And having done this, she knew what would happen—her dough would rise.

So it is with prayer. Prayer is the act of bringing ourselves, our problems, the ones for whom we would pray together with God. And having done this, we can know what will happen. God will answer our prayers.

Now, let us look at the parable again. The woman was making bread. She was probably preparing food for her family. It is safe to say that she had done this task hundreds of times, just as all wives know how household duties must be repeated endlessly. This woman had long practice in making bread.

Practice is important in every department of life. The bride, no matter how superior her cookbook, must prepare many meals before she is a proficient cook. A musician must spend long hours in practice; a golfer and a football player work hard to perfect their playing technique. Yet prayer, the most powerful instrument in the world, is often approached in a haphazard way.

Prayer needs practice, too. It is good to have a special time and place for prayer, so that at this time and in this place the spirit naturally turns to God.

Perhaps in our busy lives we cannot shut ourselves away from the world for a special morning prayer. But we can make time for God, even as we go to work. I have a friend who commutes from a suburban area to a city. As his train crosses the river a few blocks from his place of business, he lifts his heart to God. Through the years the river has become meaningful to him, because it is a reminder of his heavenly Father's care. This moment of prayer each day makes it God's day, one in which he can rejoice.

Any habit can be formed, even the habit of prayer. A moment with God lifts the mind above earthly cares. Affirmations at morning, noon, and night bring us back to the Father when we have strayed from His presence. Prayer faithfully practiced day by day fosters an attitude of awareness, trust, and thanksgiving. After a little faithful practice we grow to look forward to "God's minute," and through each day we feel an undercurrent of joy and reassurance. We begin to see that prayer is not simply asking, but it is also communion with God.

Jesus said, "Seek ye first his kingdom, and his righteousness; and all these things shall be added unto you." As we go on learning, we find how true this is. Our every need is supplied, often before we ask for it.

Let us take one last look at the parable. The meal into which the woman put the leaven was changed. It was no longer meal; it became bread—food for the woman's family. A beautiful thing happens to us when we take our cares to God. Conditions are changed. Our lives are made over. And how could it be otherwise, when we ourselves are changed? In the parable all the meal became leavened. So it is with our lives. Everything that we take to God in prayer is blessed, the blessings increase, and the kingdom of heaven comes into being for us right where we are.

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PRAYER FOR WORLD LEADERS

Through the Christ Mind you are unified in thought, purpose, understanding, and right action for the good of all humanity.

*Join in this prayer for world peace:*

Let liberty, justice, righteousness, and peace now be established throughout the world, in the name of Jesus Christ.

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# *Profits from Stewardship*

ANNIE S. GREENWOOD

STEWARDSHIP INVOLVES working for profits for oneself or for those who furnish material or equipment with which to carry on what needs to be done. It can bring about mutual gain or loss, depending on the conduct of the steward.

John and Louise Blank, an elderly couple on a large Midwest farm, had improved their acres to a high degree of productivity by means of hard work and wise management. Now they found the manual labor too much for their declining strength and decided to devote themselves to their garden and orchard and let someone else work the fields.

A neighbor with large farm lands of his own asked to cultivate the fields. He was experienced, had suitable machinery, and knew the requirements of the soil in the region. Because of his own substantial holdings, he was considered a good choice for the handling of this additional acreage, and the couple agreed to let him cultivate it, with the profits to be divided at the close of the season.

Through the summer it became apparent, however, that the obligation the farmer had undertaken was only a matter of secondary importance to him. His own farm claimed most of his time. He gave scant attention to the needs of the land he worked for the Blanks. Intent on quick profits, he reserved none of their ground for summer fallowing; he gave the farm no deep or careful cultivation. After

seeding, their fields were left without special care. He harvested the crops haphazardly as though the work were merely an occasional time filler between periods devoted to his own farm. The profits for owners and shareholder were only average, and the fields, for lack of care, were in poor condition for the following year. The farmer's stewardship was a sad reflection of his integrity as a farmer.

The second year his stewardship was even less satisfactory, and the results were poorer than those of the previous year. The farm on which so much faithful care and scientific knowledge had been lavished previously was rapidly deteriorating.

The owners worked out an agreement with a new farmer after that second year of tolerating inferior farming methods. The new man, Henry, was young. But he was diligent and trained in agricultural methods. He studied and applied crop rotation; he plowed deeply those fields most in need of cultivation, fertilized them, and gave them suitable care. He set aside part of the acreage for summer fallowing with a view to greater productivity in the future. He harvested the crops at proper time.

That fall the granary bulged with grain, the land showed the result of intelligent cultivation, and the Blanks and Henry enjoyed sizeable profits. The following year the same industrious young farmer, as well as the owners, gathered in still greater returns as the result of following intelligent farming methods.

What made the difference? The first farmer was interested only in his own farm; he wanted to get as much as he could from his neighbor's crops re-

gardless of what his poor methods might do to their soil. The second farmer put into the opportunity all the skill, personal interest, and conscientious work required to do what should be done; the results justified his industry and labor.

On the same farm and under identical conditions, one man failed in his stewardship while the other succeeded, made legitimate profits, established his reputation as a successful farmer, and brought the acreage back to a high degree of productivity and so of greater value to John and Louise. Both men were stewards—one failed himself and the owners; the other met the requirements of good farming, and his management became a source of profit for himself and those whose fields he worked.

Wise stewardship is the intelligent, faithful use of whatever has been entrusted to us. In relation to God, all of us are stewards; God entrusts us with certain potentials. This is a thought-provoking truth. Let us give it careful consideration.

Instead of boasting that our potentials are products of our own efforts and therefore subject to our decisions about them, we should realize that the Father has entrusted us, without any credit of our own, with the following potentials: life, intellect, time, abilities, and free will. The Father has given us many others too, and they are all ours to use or to abuse as we see fit. No one can take them away from us; no one can compel us to use them wisely.

For the privilege of using and making profits from those wide fields on that Midwest farm, each farmer was obligated to hand back to the owners a fair share of what was produced. We might say

that was the interest he paid for the use of the owner's principal. He, of course, did the work; in return he received his right portion of the crops. But without the land on which to work, he could have had no results. And his returns—his profits—were determined by the degree of skill and wisdom with which he worked.

All of us are situated similarly. We have handed to us, as principal to use, life, abilities, intellect, time, and free will. This last is what sets the standard by which we, as stewards, operate our profit-producing business. Without a doubt we are obligated to return substantial interest to the divine Owner who has supplied us with all we need to carry on a successful life. Appreciation of such opportunity prevents us from being careless about paying the interest regularly and happily. It is what entitles us to the privilege of managing the equipment and supplies with which we make our livings.

To hand back to God His share of the profits is no reason for crediting ourselves with generosity. Such payments are not gifts. Instead, they are but installment payments we make on the principal we are permitted to use. As honest, self-respecting businessmen and women, we would not be satisfied to do less. Our stewardship is a channel through which great blessings constantly come to us and, in return, through which flows back to the Owner that which is His. With benign tolerance and trust, He permits us to set the rate of interest and to pay accordingly. Experience soon proves, however, that the higher the rate of interest we pay Him the higher are our own profits.

If we keep this in mind, some results will be: 1. Higher financial income. By spiritual mathematics this has been proved by all who faithfully practice it. 2. Personal happiness. We serve God; that is, we pay Him interest money when we supply the needs of His children who are in want. Our immediate reward is greatly increased personal happiness. 3. The satisfaction of knowing that we are following the Master's command, "Thou shalt love thy neighbor as thyself." We meet our own needs and maintain our self-respect and realize that as members of God's family of world brotherhood we enjoy abundant supply and privileges. To feel that all other persons are entitled to the same abundance adds to the richness of our emotional and spiritual lives. 4. A better understanding of the world's needs. As we give generously to persons and organizations working for the betterment of mankind, we widen our horizons and create new lines of thought and new enthusiasms. 5. Additional opportunities for service, which benefit us intellectually and financially. 6. Spiritual unfoldment. Life takes on greater meaning as each year we rise to higher ideals, greater vision, and new opportunities for self-expression.

Stewardship is an obligation to God. If He did not furnish us with the principal on which to start, we could never do anything. To the extent that we recognize His beneficence in supplying us with opportunity, we shall keep the channel wide open for both inflow and outflow—the continuous current—of His abundance. It comes to us; it reaches out from us to others. It promotes the kingdom of God on earth!

# *"Give Us This Day"*

FAITH CORNWALL

ANYONE CAN MEET the problems of one day. But when he is burdened by regret or bitterness over the past or fear for the future his load becomes too heavy to bear. Could this be what Jesus meant when He said, "Sufficient unto the day is the evil thereof"? Sufficient but not too great, for we have at each moment the resources with which to meet its demands. It is only when we try to add tomorrow's challenges to today's that we feel overpowered.

Jesus' deep understanding led Him to illustrate this point with that comparison of Solomon's raiment and the lilies of the field. "Why are ye anxious concerning raiment? Consider the lilies of the field, how they grow; they toil not, neither do they spin; yet I say unto you, that even Solomon in all his glory was not arrayed like one of these."

The silent unfoldment of life in our natural world brings us a helpful message if we will accept it. It is to cease haste and laborious effort and fearing tomorrow and making provisions for a rainy day that need never come. "After all these things do the Gentiles seek"; said Jesus, "for your heavenly Father knoweth that ye have need of all these things."

Whatever tomorrow may be will be the result of laws we have set into operation, for we are now gathering the elements of tomorrow. It is a rule

throughout the universe that everything brings forth after its kind. Our attitudes of today determine our attitudes and experiences of tomorrow. We can change our outlook at any time and change our future. But we may be certain that the trend of our experiences in the many tomorrows will resemble greatly the thoughts, attitudes, and experiences of today. Therefore, it is doubly important for us not to spend today fearing tomorrow. Faith and trust today will beget faith and trust tomorrow, and faith always has its reward.

What, then, is the course we are to take? "Seek ye first his kingdom, and his righteousness; and all these things shall be added unto you."

As I sat in a park once, enjoying the beauty of its grass and trees, I thought, "How patient a tree is! Year after year it stands in the same spot, content to grow." And then I thought of how we hurry around seeking novelty and losing the true contentment of life by being immersed in so many activities. How much most of us need to cultivate serenity, to set aside regular times to become one with all nature and with the spiritual universe, to meditate upon and absorb the healing currents of Spirit that cannot gain entrance into our minds and bodies so long as we are busy about outer things. Were we to spend adequate time keeping ourselves attuned to the basic realities, we truly would have no cause to worry about tomorrow. The riches of the spiritual kingdom would become manifest in every tomorrow to fulfill every need. Seek first spiritual realities and operation of your life according to the law of your being, and all these things shall be added unto you.

A Mr. Boreham is quoted in the pamphlet, "The Bible: God's Letter to Men," as having written: "An acorn is a wonderful thing—it is a pocket edition of a forest. You may count how many acorns there are on an oak tree, but you can't count how many potential oak trees are in an acorn." It is remarkable when you stop to consider it, is it not—a forest of trees from a single acorn? This is the miracle of increase. We see it in the growth of all living things and in the renewal of cells in our own body temple. There is a principle here that can release us forever from undue effort and strain in trying to create our own good. The creative principle of the universe seeks unfoldment through us to sustain us in all ways necessary to our complete well-being. Let us consider the lily, the acorn, the tree, and cease to be anxious. Through the constant unfoldment of the invisible good into manifestation, tomorrow will take care of itself.

An acorn must, however, have suitable environment in which to bring forth its forest: soil, sunlight, and moisture. A mind must provide the environment for the idea of sustenance to be nourished and grow. Faith is the substance; love is the sunlight; true thoughts are the moisture. Their fruit is a consciousness of the kingdom of God, and the product of this is the things that are added.

Worries about tomorrow may be classified under four headings: fear of poverty or insecurity, fear of loss of ability, fear of death, fear of loss of love. In each case we may overcome the fear by seeking first the kingdom of God and His righteousness.

We cannot fear the loss of love when we know

we are immersed in the love of God. When we have sought first the kingdom of divine love, we are secure in the knowledge that the love of God will be made manifest to us through whatever human relationships are right for us at a particular time. And being one with love, we shall radiate it and draw forth a response of love from those whom God brings into our lives. "Give, and it shall be given unto you" is as true for love as it is for material things. When we radiate the unselfish and universal love of God we meet a love that satisfies wherever we go. As we unselfishly love today we make preparations for a satisfying tomorrow.

A fear of poverty, too, is overcome as we unify ourselves consciously with the source of supply, God the good. Our security does not lie in accumulating material goods for the future, but in developing an abiding awareness of the present good of God. When we have that we have everything, for the knowledge that our good is here now will always be sufficient. If our trust is in material securities we live in fear, for the attempt to hold what we own is necessarily coupled with a sense of frustration.

Are there grounds for the fear of loss of ability? Have not too many proved in the face of apparent handicap that they could overcome and again be equal to life's demands? With faith in God, in His love, power, wisdom, and renewing life working through us, we can "mount up with wings as eagles" above every apparent limitation—even that of advancing years—and display the Christ abilities that are ours.

Unity believes that when we enter fully into

spiritual consciousness we shall transcend the material level of expression without passing through death. Until then, however, we want to have such an implicit trust in the goodness of God that we have no fear of death. We may develop this by identifying ourselves with life now, by affirming that God is life and that wherever we are or in whatever form of expression we shall be, we are always one with His life eternal, and we shall manifest its harmony, intelligence, and vitality in joyous existence.

The answer to our need, present or future, lies in our awareness of the presence of God as a very real power for good in our lives. As we accept today's bread (today's wisdom, life, and love of God) we are preparing the way for a rich and satisfying tomorrow. We may well add to the prayer, "Give us this day our daily bread," "give us the ability to receive today's bread today, and to know that since today is taken care of by our heavenly Father tomorrow also belongs to Him."

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*Strive everywhere and in all things to be at peace. If trouble comes from within or without, receive it peacefully—without excitement. If we must needs fly from evil, let us do it calmly, without agitation, or we may stumble and fall in our haste.*

*Let us do good peacefully, or our hurry will lead us into sundry faults. Even repentance is a work that should be carried out peacefully.*—ST. FRANCIS DE SALES

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# *Are You in Jail?*

ONETA ALDRICH WAKEFORD

WE USUALLY THINK of jail as a building in which lawless persons are confined. But there is another kind of jail, too. It is the unhappy and frustrated state of mind in which we place ourselves as a result of our negative thinking. It is a self-made jail; we can blame no one but ourselves for building the invisible bars that keep us confined to unfulfilled, small, and petty lives.

If we would be free, we must break down the bars that hold us from our good. Such a task may seem too difficult for us, for mental bars are sometimes stronger than visible, iron ones. However, we do not need to try to break them down alone, for we have this promise: "I, Jehovah thy God, will hold thy right hand, saying unto thee, Fear not; I will help thee."

Jehovah, our God, will aid us if we only let Him. But how often we shut Him out, refusing Him opportunity to keep His promise! Unconsciously we ignore Him. We set out to do things, depending solely on our own human power for accomplishment. And we find that usually it is not enough. To our bewilderment, and in spite of our earnest efforts, discouragement and failure seem to engulf us. How much easier our struggle, how much more assured our success if we would turn to Divine Spirit and say, "Help me, Lord!"

An experience of Barbara G——, a young mar-

ried woman, reveals this truth. Barbara disliked her mother-in-law. She realized that her attitude was making her nervous and irritable and causing inharmony between herself and her husband Ted. Her dislike placed her behind the bars of a mental jail, and she wanted out.

Moving away from the town in which both she and her mother-in-law lived was entirely out of the question, because Ted had an excellent job with a local firm. No, she had to stay and face the problem. Somehow, some way, she had to rid herself of her dislike for her mother-in-law.

Deliberately, she tried to concentrate on the other woman's good points and to ignore what she considered the annoying ones. She went out of her way to be kind to the older woman, buying her little gifts and planning afternoon outings for the two of them. Resolutely, Barbara sought to understand her mother-in-law.

Regardless of all her efforts, Barbara's dislike continued to affect her. Even though there was an outward show of friendliness between herself and her mother-in-law, Barbara knew that it was mostly sham. The gulf separating them was still very wide. The harder Barbara tried to lessen its width, the more nervous and irritable she became. Inharmony in her home became greater, for Ted was the target of her ill feelings toward his mother.

In desperation Barbara told a friend, a Truth student, of her plight. "I've tried so hard," she confided. "I really want to like her—for my own peace of mind and for the sake of Ted and his mother."

"You're making too big a job of it," the Truth

student told her. "You're trying to do too much alone. Let God help you."

"But how?" Barbara asked.

"Just pray for guidance. He will show you the way," her friend assured her. "And don't forget to bless your mother-in-law silently each time you see or think of her. Let the Christ Spirit in you seek the Christ Spirit in her. You don't need to worry and strain for a better relationship. With God's help it won't be such a difficult task."

Barbara began praying. Blessing her mother-in-law was a new idea, but she was willing to try this, too. She stopped straining. "You take over, Lord," she would often say when she felt the feeling of dislike arising in her. "I can't meet this alone. I need Your help."

Gradually, through prayer and silent blessing, Barbara was able to replace her dislike with love. The Christ Spirit within her sought and found the Christ Spirit in her mother-in-law. As she slowly emerged from her mental jail, she left behind her nervousness, irritability, and inharmonious home conditions. Today, Barbara is a joyous woman.

Whatever it may be that is keeping you in a mental jail—poverty, ill-health, or failure—you can, with God's help, work yourself free. "Not by might nor by power, but by my Spirit, saith Jehovah of hosts."

Your part is to let His Spirit permeate your consciousness and flow in and through you to dissolve any negative conditions that restrict you. Prayer is your divine tool. Use this tool to cut through the toughest bars of any mental jail. Do not wait until

tomorrow or next week to use this tool. Begin using it now wherever you are, whatever you are doing. Paul says, "Pray without ceasing." Paul does not mean that you should stop all activity for prayer; he means that you should incorporate prayer into your daily living, into your hours of work as well as into your moments of relaxation.

The tool of prayer, like an electric power tool, has attachments for special jobs. Blessing is one of them; it creates a tremendous force to replace negative conditions with positive ones.

The power of blessing was once revealed to a man whose nursery and landscaping business seemed to be at a standstill. He began blessing the business several times a day. He called on divine Spirit to guide and prosper it. Silently, he blessed each of the few customers who came into the nursery. One of his customers was a real-estate developer. It turned out that he had just built several new homes and wanted the nurseryman to do the landscaping. The realtor's one order supplied him with work, at a good profit to his business, for many weeks. Then another developer, seeing the excellent job he had produced, asked him to landscape his property, too. The power of blessing had done its work!

Bless every seeming lack in your life with the all-powerful Spirit of God. God can change lack to plenty, whether it be in finance, health, business, or personal relations. He will aid you in breaking out of whatever jail you may have built around yourself. He will lead you into a richer, fuller life. He will give you the help that you need—for He has promised, "I will help thee."

# *The True Light*

MARY L. KUPFERLE

WHATEVER IS WRONG in your life, whatever ills have cast you into the depths, whatever disappointments or frustrations have thrown you into darkness and despair, there is a light to lift and guide you into wholeness, happiness, and well-being. It is the light that shown within Jesus as the Christ, the light that transforms the shadows of limited and material beliefs into the bright reality of unlimited and spiritual truths.

This light is within you, the same as it was within Jesus. It is the same true light "which lighteth every man, coming into the world." Regardless of any doubt that you may have concerning its presence within you, it is there. Regardless of how many times you have tried a task and failed in your own sight, the light is still there. Regardless of how far removed you may feel from spiritual illumination and understanding, the Christ light is within you. And every prayer you have prayed has brought into your consciousness some new degree of this light, a new and rising brightness within your soul.

We all long to see the transformation we desire come quickly. We yearn to see ill-health replaced by wholeness and strength, sorrow changed to joy, lack dispelled by adequate supply. But in our zealousness to see the outer demonstration with our physical eyes, we often transfer our attention and devotion from spiritual envisioning, listening, and heeding to mate-

rial questioning and human reasoning. The moment we do this we become dual-visioned, and "how great is the darkness!"

The Master reminds us that the true light can be seen only with the "single" eye. He reminds us of this truth when He tells us we cannot serve two masters, when He tells us to love only God and to seek first the kingdom, when He tells us the kingdom is within and not without, and when He says, "The lamp of the body is the eye: if therefore thine eye be single, thy whole body shall be full of light." The light of Christ shone brightly within Jesus because of His singleness of vision, His devotion to God the good. The light of Christ will shine no less brightly within us when we, also, remove our vision from the material and humbly focus all our vision upon God, upon good exclusively instead of both good and bad, upon the Spirit within and not the results without.

A consciousness of light, an awareness of spiritual illumination, is the first step in the healing of any personal difficulty, even as it was the first step in the process of creation. "And God said, Let there be light: and there was light." It was after this, after the coming of the light, that the other steps of creation followed, all in the divine order that is typical of God and His nature of perfection. The true spiritual light, our first step in understanding and overcoming, is worth awaiting in our silent periods of prayer, worth our time and patience and application of faith, even as the dawn is worthy of all nature's quiet attention. The awakening of our souls anew to eternal spiritual truths and values cannot come any other way.

Sometimes this awakening comes immediately, forcibly, within a prayer. Sometimes it comes gently, almost unnoticed, after we have prayed and then attended to the things at hand. Someone told recently of the way in which the light entered her consciousness during the healing of a loved one. She said that for a number of days she declared both silently and audibly the spiritual truths she knew regarding the dear one's divine inheritance of wholeness and perfection. She believed the person could be healed and was faithful in the application of all Truth principles she knew. But it was finally upon her firm declaration, "Let there be light!" that full realization came and the physical healing became apparent.

The Truth student mentioned that at this point of declaration something within her consciousness was awakened, that even as she stood at the ironing board the light so flooded her consciousness as to make all things new and clear. She explained that it was a realization that all that had gone before was passed and was nothing. She had a firm conviction of healing that no human reasoning or intellectual argument could affect.

She was no longer concerned with appearances or anxious about results, but simply convinced of the good and the true within the situation. The light had entered her consciousness through complete devotion to God the good. Her thoughts were awakened to the truth of Being through singleness of inner vision. The outer demonstration followed.

In another instance, that of a young married couple, the young wife, a Unity student, found awakening through the declaration, "Let there be

light!" She prayed daily for peace and love within the family, but efforts were futile, and no progress was apparent. Finally, in desperation, she turned from anxious desire to simply seeking illumination within her own thoughts. She repeated in a spirit of humility and devotion, " 'let there be light,' light within my mind concerning the next step to take!"

That evening the husband voluntarily brought up a subject that had evidently troubled him for some time. His viewpoints were expressed; the cause of his irritation and unhappiness was revealed, and within a few minutes all the dissension had cleared away, and harmony reigned. The young woman said later that she could not quite understand how it happened, how the difficulty could have been cleared up so quickly. But she did know that something of long standing had been cleared up through a new light within each of them. It was a light that could not have come through any amount of human reasoning, but only through spiritual prompting and guidance.

There is no difficulty so dark that it cannot be clarified by the light of the indwelling Christ, the light of Truth. There is no problem of the physical being so deep that this light cannot reach it, touch it, and transform it. There is nothing in all our lives too confused for the light of Truth to make plain. We can, at the moment we are willing to become single-eyed, declare, "Let there be light!" and there will be light. We will see the light concerning every situation of mind, body, and affairs. And we will find the relief, the upliftment, the healing, and blessing our hearts desire.

When Jesus healed the beggar who had been blind since birth, the beggar was plied with questions by the Pharisees who could not believe him or that he truly had been healed so quickly, so simply and unpretentiously by the Master. His answer to all their queries was: "I know not: one thing I know, that, whereas I was blind, now I see." He saw light while he had been in darkness, and there was no human reasoning that could account for it. The answer is in the singleness of spiritual vision within Jesus. Where there is one with such purity of heart, devotedness of soul, one-pointedness of consciousness, the light is radiant to bless, heal, and uplift all who come within its presence and will receive.

Such was the divinity within Jesus, the Christ light within Him. And such it can be within you and me today if we will apply our attention, devote our efforts, and become as little children—teachable, obedient to inner guidance, watchful or our words and actions, ready to discipline and to master according to the Christ example. Day by day we prove this through the time we give to prayer and meditation. Day by day we prove this by our thoughts and words and actions.

The more we pray, the oftener we turn our thoughts to God, and the more light becomes evident. The more we meditate about the meaning of Jesus' teachings, the more enlightened our consciousness becomes. The higher we raise this light in our words and actions, the more Christlike our words and actions become. The more steadfastly we look to the Father as the source of our wisdom and illumination the more open we become to receive His luminous

blessings, the more aware we become of our spiritual identity, the more clearly we behold spiritual reality —the Christ within everyone, God in everything.

During an Easter service several years ago a sincere Unity student found new upliftment as she listened to the story of Mary's meeting with Jesus in the Garden after the Resurrection. As the earnest man standing on the pulpit read quietly and worshipfully of this meeting, the Unity student said the speaker was suddenly illumined as though a dozen floodlights had been placed upon the stage. For a moment she was startled and looked about the chapel for the lights, to locate the source of the brilliance. Suddenly she realized the light originated, not from without, but from within the young person so devoted to his task of sharing the Easter message.

She told very few about this experience, because of the holiness of its meaning to her. She felt that it was a glimpse of the Christ light that fills every man, yet only occasionally is brought into expression. It was a reminder to her that this "true light" abides within every child of God, ready to shine, ready to illumine mind, body, and every condition and circumstance of life. It is a light within, not without; a gift of the Father to His beloved sons, a light of wisdom and love, a light of healing and peace, a light of joy and power.

This light abides within you now, dear friend, as the illumination you desire for the overcoming of every difficult situation in your life. It is God's gift to you, awaiting your returning to Him in consciousness, your awareness of His nearness and love. Lift up your heart to Him in prayer now, in this

moment, and decree, "Let there be light!" and your eyes will be opened to the reality of good, the reality of wholeness, wisdom, happiness, and abundant well-being. The light will enter your consciousness, and you will see the Truth within your heart, for that is the place of the overcoming. There lies the victory; there abides the "light of the world."

"Lift up thine eyes round about, and see . . . Then thou shalt see and be radiant, and thy heart shall thrill . . . because the abundance of the sea shall be turned unto thee, the wealth of the nations shall come unto thee." "Jehovah will arise upon thee, and his glory shall be seen upon thee . . . And nations shall come to thy light, and kings to the brightness of thy rising."

## NOTHING!

*Irene Stanley*

I am persuaded with good Saint Paul
That nothing large and nothing small
Behind or before me, below or above
Can separate me from my Father's love!

In abiding love, uplifting, freeing,
I live and move and have my being!
No thing that I know, or know not of,
Can separate me from my Father's love!

# *Health and Happiness*

LAURIE KENT PHILLIPS

ALL OF US CAN advocate cheerfulness as an aid to health. In our own experiences we have seen the healing efforts of nature greatly augmented by an attitude of hopefulness and optimism. If we are considerate visitors when we go to a hospital to call on one confined there, we talk about pleasant things. Unconsciously we are paying tribute to that belief that if we want to speed one's recovery, we must help him to overcome his unhappy thought.

It is beneficial to know something about the laws that govern functioning of the body. It is important to think right and act right toward our physical selves. Our mental attitudes are among the most powerful forces in our lives. They are greater than circumstances, more vital than any condition or environment we may face.

It is of great consequence, too, for each of us to recognize the claim his body has on his consideration. The body is not a machine that can be used indiscriminately and given attention only when it rebels because of abuse. One cannot ignore it and take everything it does for him as a matter of course. One cannot demand more of it at times than is reasonable to expect; then, when it does not respond with alacrity, condemn it. Why not bless and praise it for what it has accomplished today rather than condemning it for rebelling when you demand too much of it.

Ralph Waldo Emerson prized health so highly that he said: "Give me health and a day, and I will make the pomp of emperors ridiculous." We cannot suddenly realize this Utopian state, but we can start and progress in the right direction by considering a few simple rules of health.

First, we should not overeat. I am convinced that we do more damage to our bodies by breaking this rule than we do by breaking all the others put together. Unruly appetites clog our bodies and force them to work overtime. But do we then reward them for their extra work? No, we are more apt to condemn them for the slowdown that necessarily overtakes us.

Our second enemy is overfatigue. We may believe that we are forced by circumstances to drive ourselves into states of exhaustion, and there are times when this is true and we have no alternative. But more often there is a choice between what we plan to do and what we must do. By clear thinking and keeping a clear perspective, we can stop short of that point in our activities that invites disaster.

Excessive worry may have a detrimental effect on our physical forces, especially if it is continued for long periods of time. We may become depressed, digestion may be impaired, and we may become prey to minor ailments. To conquer this vicious habit of worrying may be a long and bitter struggle; but it can be done. As a first precaution—do not try to throw worry out of your life without making an effort to replace it with something positive.

Count your blessings! Can you do this and worry at the same time? Of course not! And even in the

midst of discouragement, try hard to maintain a cheerful frame of mind.

Others may not share this opinion, but I would place an ungovernable temper toward the top of the list of bodily abuses. Anger should not include righteous indignation. Our Maker did not intend for us to go through life supine and spiritless. Jesus Himself, when He found the moneychangers buying and selling in the temple, overthrew the tables and seats and drove the culprits out. That wrath was justified, but how many of our tantrums serve any good end?

Remember that your body is worthy of attentive regard and sympathetic respect. Show proper appreciation for it and notice the improvement in your general health. When you recognize the fact that God's plan for you is both health and happiness, that gives you a solid foundation on which to base your efforts.

Happiness is a natural attribute. Almost the first thing an infant does when he begins to notice the family about him is to smile. Every human being seeks happiness, even though it is not intended for him to place it first in his life.

Suppose, by some dim chance, that we should attain a complete state of happiness. Someone has said, "A lifetime of happiness! No man alive could bear it." We are also told that we have no more right to consume happiness without creating it than to consume wealth without producing it.

What is happiness? What does it mean to you? Is it in getting or in giving? These are questions we must answer for ourselves. To you it may be a sunny

sky and a pleasant trip, and to me it may be a rainy day and time to browse through old books. To someone who lives down the street, it may be freedom from pain.

Happiness is often determined by comparison. We compare it with what we felt yesterday or last week. It is like time; we measure it with a critical eye to see what it can do for us.

We should not always be on the lookout for great happiness; it is actually made up of little things —the song of a thrush, an unexpected compliment, a baby's smile.

Happiness is not a God-given state of life. It is not a free gift like the air we breathe. We have to earn it—and sometimes, the hard way. The United States Constitution tells Americans that they are endowed by their Creator with certain inalienable rights, one of which is the right to pursue happiness. It does not say anything, however, about the surety of capturing it.

There is a positive element in happiness that is contagious. One happy person in a room lifts the spirits of others. One should give to this unseen force all the help he can by looking on the bright side of things even when it is an effort. When he can do this, he will get a fuller realization of the infallible working out of the laws by which we are governed.

Both health and happiness are within your reach. To want more of them is natural and a commendable ambition. They are not only of benefit to you; some beneficence must spill over into the lives of those about you.

Deny outside things the power to hinder your

search for health and happiness. Think of a condition of health and happiness; speak of it, defend it against all enemies. Place true worth upon it, for it is of high value in your scheme of living.

Health and happiness work together. Happiness is beneficial to the body, and it is much easier to be happy if one's health is good. But no matter how many signposts are placed along the way, it is to each of us our own quest, our own struggle, and our own victory.

Let us not put off this search for health and happiness. There is much truth in the axiom: Good health and good sense are two of life's greatest blessings. They do go hand in hand! And taken together they can produce that longed-for state of well-being. "The time to be happy is now, the place to be happy is here."

## THIS DAY

Out of all the world this day
Nought but good will come your way,
Peace and harmony and love—
Yours by grace of God above.

Knowing this, your path's made light.
Seeing this, your feet walk right
Claiming this, great wealth confess.
Using this, each one you'll bless.

—*Ysobel Stoneman*

# *Strength Is a Flowing Thing*

CHARLES ROTH

ARE YOU FACED with a challenge that calls for more strength than you think you possess? Do you think you are unable to bear some burden any longer?

How many times our prayers consist only of the timeworn words, "O Lord, give me strength!"

Strength is a flowing thing. It flows from God to an open, receptive heart. It flows into us like a soothing balm. Feeling its renewing touch, the Psalmist cried out with a new voice,

"God is our refuge and strength,
A very present help in trouble.
Therefore will we not fear, though the earth do change."

Regardless of what seems to be draining our strength, we must know that there is replenishment when we tap the reservoir of Christ strength within us. In our anxiety over a loved one or our concern over a personal problem we may forget how close we are to God. We may forget that we are spiritual in origin and in nature, created and sustained by His ever-flowing love and strength. Such forgetfulness retards the inflow of God's strength and creates a feeling of emptiness and separation.

We know that prayer is not intended to change God, but rather to change us. In the midst of any strength-draining experience, we can turn to God in prayer and find a renewal of strength. He can change

us from an empty vessel to an overflowing cup when we turn our vision from an appearance to the fountainhead of strength within.

Strength has a distinguishing quality about it: it increases with use. The more we share it, the more we have for ourselves.

During a time of famine in Israel a widow shared her last handful of meal and her last precious drops of oil with prophet Elijah. In response to her faith and her obedience to the urge of God within her she found that "the jar of meal wasted not, neither did the cruse of oil fail, according to the word of Jehovah." Share your strength and see it renewed and replenished from the same source that kept the widow's cruse full.

Strength is a flowing thing. It flows from one person to another. Have you ever seen a little boy walking down the street with his fingers gripping his father's hand tightly? Have you ever seen a soldier holding his wife by the shoulders as they look into each others eyes and say good-by on a train platform? Have you ever felt the thrill of new courage and new strength through the handclasp of one who loved and understood?

The world is full of those who need words of encouragement and strength. You do not have to look far to find someone thirsting for your refreshing words of comfort and strength.

Strength is a flowing thing. It flows from God into your heart and body, and it flows from your heart and lips to another. As the first rolling pebble sets off a crushing landslide, so does your first word of comfort, spoken in love to another, herald a

mighty flow of strength from God. And as you find your life by losing it, so shall you find the strength you need by sharing your strength with others.

There is an old story in mythology about a giant named Antaeus, who was born of the earth. In order to stay alive this giant had to touch the earth once every five minutes. Each time he contacted his mother, the earth, his strength was doubled. There is a subtle lesson in this ancient legend for all who are in need of strength. We can always touch our Father-Mother God with the outstretched hand of prayer and find our strength multiplied.

The cry, "O Lord, give me strength," spoken from a realization of your oneness with the source of all strength, is answered with a surge of energizing, quickening power from within. Step into its current and feel the very cells of your body respond. Feel your mind and emotions washed free of fear and doubt. Feel yourself immersed in the flowing strength of God as it enters through prayer.

## PLEASE READ

The three Unity monthly thoughts that always appear on page 48 and on the inside front cover of UNITY have for some years been used from the 20th of the current month to the 19th of the coming month. For this month the thoughts will be used from Oct. 20 to Oct. 31.

Beginning with November the thoughts will be used for each calendar month.

# *I Meet My God in Silent Prayer*

from the writings of

CHARLES FILLMORE

*Illumination:* The glory of the Holy Spirit is pouring itself out upon me, and I radiate Truth.

*Prosperity:* The heaped-up, pressed-down, and running-over abundance of the Holy Spirit is mine, and I am prospered.

*Healing:* The Holy Spirit is pouring its vitalizing, harmonizing life, strength, and health into and through me. I am made whole.

INSTRUCTIONS: God is Spirit and is within all of us. All we need to feel God's presence is a concentrated effort in consciousness. When we do this we will understand what Jesus meant when He said, "when he, the Spirit of truth, is come, he shall guide you into all the truth."

Jesus, who became the Christ manifested, is the head of a spiritual hierarchy that rules the earth and will make wise, healthy, and prosperous all those who are open to His instructions. He said, "But, thou, when thou prayest, enter into thine inner chamber, and having shut thy door, pray to thy Father who is in secret."

The Holy Spirit is the law of God in action. The Holy Spirit is in the world today with great power and wisdom, ready to be poured out upon all those who look to Spirit for light and guidance. Jesus gave His words into the keeping of this universal receptive agency, whose mission it is to carry His words directly into the understanding of everyone who accepts the Christ way into the kingdom of heaven.

The power of prayer releases the innate glory of God-Mind. Our work is to establish our identity with God's Word and through it to gain the mastery of the stored-up riches of the man invisible.

The glory of the Holy Spirit often expresses as an emanation of light (illumination). It is poured out upon us when we are able to realize unity with Divine Mind—when there is a perfect merging of our whole being into this one creative power.

Truth is. Truth radiates light. The principles of Being are the Truths of Being. These eternal Truths abide in fullness at the very core of our consciousness.

The mind of man is built on Truth and the clearer man's understanding is, the more substantial his mind becomes.

The basic principle of Truth is that the mind of each individual may be consciously unified with Divine Mind through the Holy Spirit. By affirming at-one-ment with God-Mind, we eventually realize that perfect mind that was in Christ Jesus. Affirm:

***The glory of the Holy Spirit is pouring itself out upon me, and I radiate Truth.***

Jesus urged His disciples to ask largely. He said that, if we give, it will be given to us, "good measure, pressed down, shaken together, running over."

In other words, we are to charge our minds with the superabundance of Spirit.

If we think in a small way about God and His Holy Spirit, we belittle the magnificence of our Source, and His providence is given to us in small measure.

Jesus said that all that the Father had was His. What was true of Jesus is true of all God's children who are in the same state of consciousness with Jesus. Jesus opened the way for us into a mind kingdom where inexhaustible good exists for all who claim it in His name.

To demonstrate continuous prosperity lay hold of rich ideas, ideas that are useful, constructive, and of service to the well-being of all mankind. Then the supply for every need will be forthcoming because the man of rich ideas has confidence in the all-providing power that never fails. This is true riches—access to an inexhaustible resource that can be drawn upon at any time to meet any righteous demand.

The anxious thought must be eliminated and the perfect abandon of the child of nature assumed, and when to this attitude you add the realization of unlimited resource, you have fulfilled the divine law of prosperity. Affirm:

***The heaped up, pressed down, and running over abundance of the Holy Spirit is mine, and I am prospered.***

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The Holy Spirit of Scripture is identical with the healing power of nature. All wise physicians give nature credit for the healing in which they assist.

Metaphysicians have discovered that a direct appeal to the Spirit of health stimulates and accelerates nature's healing power.

A vigorous affirmation of the vitalizing power of nature will always quicken restoration of mind and body.

Speak the healing name of the Holy Spirit with confidence, and nature will respond in showers of healing vitality.

Jesus "breathed on them, and saith unto them, Receive ye the Holy Spirit." Following Him, we shower mind and body with words of quickening life and health, and restoration is sure to follow.

The blessing of health comes through the exercise of faith in the free flowing life of Spirit on the part of the one who seeks it. Faith opens the mind to the influx of healing power from on high; the power of the Most High heals all diseases both of soul and body.

When faith in the Holy Spirit is sufficiently strong to dissolve all adverse conditions and to open the mind fully to the power of the Almighty, healing is instantaneous.

Placing your trust in God through Christ daily affirm:

***The Holy Spirit is pouring its vitalizing, harmonizing life, strength, and health into and through me. I am made whole.***

# *The Power Within*

CHARLES H. MATTERN

IT IS MEANINGFUL that a person devoid of all hope can suddenly rise to the pinnacles of health, success, and happiness when he turns to divine Spirit within himself and allows it to mould his affairs. This inner spiritual power can transform acute alcoholism into constant sobriety, illness into health, misery into joy, criminal tendencies into forces for good, lack into abundance, anxiety into positive assurance, and misunderstanding into harmony.

The belief that man overcomes material limitations when he realizes and uses his unity with God is not new. Earliest recordings of philosophy, written probably some four thousand years before Moses led the Children of Israel out of Egypt, express in effect these beliefs: "The wise man finds God in himself," and "success comes quickly for those who seek this higher consciousness."

When Jesus taught that the Spirit of God is within man and demonstrated its creative power by performing the seemingly impossible, the belief shown forth in the real light of Truth. He proved that answers to problems are not restricted or limited by a physical world.

Today, facing such challenges as friction at the office or factory, an empty purse, an unhappy domestic situation, or a persistent illness, our efforts to surmount them may fall short. Even the best human intellect may fail to indicate a solution.

Unlike Hamlet, we do not question whether or not it is our lot "to suffer the slings and arrows of outrageous fortune." We are jubilant. We know that Truth, as personified by the Master, exists. And we are aware that we are one with it and inseparable from it. From the moment we accept His promise, "seek ye first his Kingdom, and his righteousness; and all these things shall be added unto you," as the real, the factual emancipation from bondage begins.

It is a beautiful and joyous experience to seek the kingdom within us. Good, far beyond our expectations, emerges. First of all we deny that anything in this universe can harm us or hinder us from attaining the buoyant life. We erase the mental slate clean of all negative thoughts. We envision our God-given heritage, every good thing. We become relaxed, calm, and in the quiet we repeat these affirmations in Truth as the very essence of our lives:

*The Christ Spirit is at the center of my being.*

*I am conscious of His presence.*

*God's omnipotence surges through me in all that I think, say, and do.*

*Spirit makes my path clear, and I meet with only good.*

*God is my wellspring of life, and the storms of bitter experience are stilled before Him.*

*The Spirit of perfection is projected into my life, and I am complete in every way.*

It will soon be discovered that as light dissolves a shadow, so will Truth statements dissolve all confusion and tension. After dissolution of confusion and tension, awareness of perfect peace and security will settle over us. It is in this tranquillity that we

seek and find the "kingdom of God" within.

God works in the stillness, "His wonders to perform." Within us is the tranquil place where, in the awareness of God, we feel His infinite presence. Reaching out spiritually, we touch the hem of His garment in the same sense that the woman, ill for twelve years, touched the robe of the lowly Carpenter. This touch is the secret, for with it all good unfolds. It is as a rose yields up its bloom in perfect stillness. All of nature's glories emerge from the silence. Thus it is that perfection is borne in the heart of man, radiating itself to the external world.

From the silent place His presence is ever radiating outward like rays of light radiating outward from the sun. This radiation is ever kindling the desire for us to grow in the fulfillment of His divine plan for us. And the manifestation of lofty desires makes us know that He is the ceaseless flow of abundant blessings.

Thus, we affirm our oneness with God, the center of being, the radiator of all good. We go directly to Him who is the fulfillment, the fountainhead; we shut the door and commune with our Father.

*"Father, You are love, peace, beauty, and the Giver of every good. You are my refuge in the storm. You are the unfolder of all that is perfect. Teach me to look away from the shadows and to perceive Thy presence in all creation. I leave my burden in Thy keeping, for I know that I am one with Thee. My faith rests in Thy power."*

By communing with God we develop a quicker apprehension of Him. We are in His presence and

consciously meet Him as we abide in the secret place. We sense the warmth of His love; we are life itself, and divine wisdom gives us a clearer picture of our own divinity.

In His presence comes the realization that every good and every blessing are ours for the asking; for indeed, they are our divine heritage. We are aware that our channels to God are always open. They are the channels through which the Father gives us the pattern for attaining perfection in our lives and affairs.

And as we grow spiritually we will become more practical. The deeper the recognition of God's kingdom within us, the greater will be the wisdom and vision for everyday needs. Work-a-day situations will be blessed and controlled through positive and constructive attitudes toward life. Spiritual meditation daily will create a keener recognition of the real self, a self that is unfettered and dynamic, at one with God, and fully capable of doing all things in His name.

Those who have had faith in the inner Christ power, have demonstrated their good. If we lack the required faith to demonstrate our good we should cultivate it, for the Master said, "According to your faith be it done unto you."

Faith is not blind belief, but a thing of certainty. Faith transcends human limits, where reason calls a halt, and quickens God's presence within us. Assurance is increased every time we hold a Truth statement in consciousness and every time we read and study the teachings of Jesus. But faith is sharpened to a razor's edge in our inner kingdom as we

commune with the Father. We cannot help but sense the peace, solace, and omnipotence of God as they flow into our lives. Then we know that we can demonstrate our good, for we understand and grasp the Truth.

Begin your demonstration today if some negative situation has defied material solution. Do not delay. If you feel that you are not ready for it, do not allow that to deter you. Your innermost consciousness will change the moment you begin to seek the love, divine wisdom, and healing power of God.

God's time for you to be healed, prospered, and joyous is now. Spirit within you is ready the very moment you are. No matter how dark circumstances may seem, God is eternally present and invites you to come to Him, lay your burden down, and abide in Him. There will be a noticeable difference in your life.

Friends who have demonstrated the seemingly impossible often remark to me, "It was a miracle." Admittedly, some of these cases were miraculous. But in a true sense there are no miracles. The seemingly impossible happens according to God's perfect law. This law is just as inflexible as laws that keep the planets rotating in their orbits, bring forth an oak from an acorn, raise the harvest from seed, and free a butterfly from the cocoon. When Jesus said, "If ye abide in me, and my words abide in you, ask whatsoever ye will, and it shall be done unto you," He laid down the rule for our dominion over all circumstances. If we abide in the Christ within our inner kingdom and trust the promises as Truth for us, only the very best can pour forth into our lives.

Thus, let us open the door to fuller, richer lives. Nothing can hinder the working of perfect law in our lives. The lowly Carpenter invites us to use all good when He says, "Come, ye blessed of my Father, inherit the kingdom prepared for you from the foundation of the world." It is ours for the taking.

## A Pool of Quietness

*Fay Wilson*

A calm, clear pool of quietness
Deep in the wilderness lies,
Where feather-fingered evergreens
Breathe their whispered sighs;
The aspen, oaks, and maples
Are flying the colors of fall,
And swiftly winging southward
The flocks of wild geese call.

There is such a pool of quietness
Deep within your soul,
Where a silent watch with the Father
Will restore you and make you whole.
Then turn to this haven within you
And find Him waiting there;
He will comfort your weary spirit
And answer your every prayer.

# *The Glory of This Day*

I WAS DRIVING to a meeting with my brother ministers in the city. I had just eaten breakfast with my family in our comfortable parsonage in the hills. A line of meditation began to run through my head in the form of questions and answers, which I later expanded into Scripture declarations. No wonder my heart sang! Here are the reasons for my song on the glory of this day:

Who fills my life with all-encompassing love?

"The love of God hath been shed abroad in our hearts through the Holy Spirit which was given unto us."

Who fed my family and myself this morning?

"And my God shall supply every need of yours according to his riches in glory in Christ Jesus."

Who gives me peace of heart?

"Peace I leave with you; my peace I give unto you; not as the world giveth, give I unto you. Let not your heart be troubled."

Who enriches my soul with food from heaven?

"Jesus . . . said I am the bread of life: he that cometh to me shall not hunger, and he that believeth on me shall never thirst."

Who gives me the thrill of tingling life?

"I [Jesus] came that they may have life, may have *it* abundantly."

Who is my companion all the days of my life?

"I [Jesus] am with you always, even unto the end of the world."

Who makes my heart sing?

"And he [Jehovah] hath put a new song in my mouth, even praise unto our God."

Who called me into this ministry?

"Come ye after me, and I will make you to become fishers of men."

Who outlined my program of work?

"Jesus . . . charged them, saying . . . Heal the sick, raise the dead, cleanse the lepers, cast out demons."

Who makes me have outgoing love?

"We love, because he first loved us."

Who loves me supremely?

"The Son of God, who loved me, and gave himself up for me."

Who furnishes all the energy and power for my transportation?

"The spirit of the living creature was in the wheels."

Who gives me light in my darkness?

"Even the darkness hideth not from thee,
But the night shineth as the day;
The darkness and the light are both alike to thee."

Who brings thoughts of God into my mind?

"How precious also are thy thoughts unto me, O God!
How great is the sum of them!"

Who gives me rest at night?

"I laid me down and slept;
I awaked; for Jehovah sustaineth me."

—*Charles H. Gilbert*

# *Sunday* LESSONS

*These lessons point out the symbology of the Bible and interpret it according to the Unity teaching. Study with an open mind and Truth will convince you. Bible text is taken from the American Standard Version of the Bible, copyright, 1929, by the International Council of Religious Education; lessons are developed from outlines prepared and copyrighted by the Council; both are used by permission.*

## *Lesson 1, October 4, 1953*

UNITY SUBJECT—*Divine Possibilities of the Present Time.*

INTERNATIONAL SUBJECT—*God's Design for a Better World.*—Isa. 42:5-9; Mark 1:14-15; John 3:16-17; Rev. 21:1-5.

5. Thus saith God Jehovah, he that created the heavens, and stretched them forth; he that spread abroad the earth and that which cometh out of it; he that giveth breath unto the people upon it, and spirit to them that walk therein:

6. I, Jehovah, have called thee in righteousness, and will hold thy hand, and will keep thee, and give thee for a covenant of the people, for a light of the Gentiles;

7. To open the blind eyes, to bring out the prisoners from the dungeon, and them that sit in darkness out of the prison-house.

8. I am Jehovah, that is my name; and my glory will I not give to another, neither my praise unto graven images.

9. Behold, the former things are come to pass, and new things do I declare; before they spring forth I tell you of them.

14. Now after John was delivered up, Jesus came into Galilee, preaching the gospel of God,

15. And saying, The time is fulfilled, and the kingdom of God is at hand: repent ye, and believe in the gospel.

16. For God so loved the world, that he gave his only begotten Son, that whosoever believeth on him should not perish, but have eternal life.

17. For God sent not the Son into the world to judge the world; but that the world should be saved through him.

1. And I saw a new heaven and a new earth: for the first heaven and the first earth are passed away; and the sea is no more.

2. And I saw the holy city, new Jerusalem, coming down out of heaven from God, made ready as a bride adorned for her husband.

3. And I heard a great voice out of the throne saying, Behold, the tabernacle of God is with men, and he shall dwell with them, and they shall be his peoples, and God himself shall be with them, *and be* their God:

4. And he shall wipe away every tear from their eyes; and death shall be no more; neither shall there be mourning, nor crying, nor pain, any more: the first things are passed away.

5. And he that sitteth on the throne said, Behold, I make all things new. And he saith, Write: for these words are faithful and true.

GOLDEN TEXT—*Behold, the tabernacle of God is with men, and he shall dwell with them, and they shall be his peoples, and God himself shall be with them, and be their God.*—Rev. 21:3.

SILENT PRAYER—*I follow the way of the Christ that I may know the Truth and live by it.*

The time is ripe for a new effort to live the Christ life, to prove the practical workability of the Christ ideal. "The time is fulfilled." We do not have to wait for a more propitious season. The need determines

the opportunity, and the need was never greater than at present. Beginning with ourselves in the quiet of the mind and in the heart's inner chamber, we can develop Christlike thinking and feeling. These we can express in our daily living. Our influence and example from such thinking and living will affect our next-door neighbor, and the campaign will be on. The better nature of others will react to the stimuli we give them.

John represents the intellect, and when it has proclaimed the advent of a new state of consciousness and has done what it can to prepare the way for the coming of the new, it fulfills its period of usefulness. The Christ ideal is seen first as an attracting power, drawing to itself the forces that before were subject to the intellect. Bereft thus of its powers, the intellect seems bound and imprisoned. Nations in pursuance of self-chosen policies may follow a course that apparently leaves intellectual reasoning and understanding out of their reckoning altogether. But nations that walk in the light of spiritual consciousness will know peace. With the Lamb as their symbol they will no longer need the lion or the bear as signs of national might and unconquerable spirit. Their purpose will be not to strike fear into the hearts of other nations but to develop a common spirit of helpfulness and co-operation, a forward together movement, instead of a clash of opposing interests.

The majority of the kings of the earth have lost their glory with their kingdoms; but everyone, whether king or commoner, who successfully searches out the laws of the kingdom of heaven and applies them qualifies for a place in the spiritual kingdom

according to the faithfulness of his application. He who is kind to all, both man and beast, as a matter of principle has a kingdom reserved for him also, for "there is nothing so kingly as kindness."

In order to do good work among people we must keep close to God. Jesus arose before day and went into a desert place to pray and commune with the divine Spirit. He thus filled His mind with power from on high, and the influx enabled Him to give out anew the Truth that He saw and felt. Expression equaled perception, the one being an inevitable reflection of the other. As we follow His plan, harmonizing our thoughts and activities with the divine law, we develop our power of expressing spiritual Truth. When the demands on our time become insistent we are not to yield to personality and thus build up a name for ourselves. After developing and expressing the possibilities of one aspect of life we are to pass on to another. When the apostles said to Jesus, "All are seeking thee," He did not return to these seekers. He went on to "the next towns" to proclaim Truth to those who had not yet heard it. Thus "he went into their synagogues throughout all Galilee, preaching and casting out demons." Multitudes of thoughts swarm through our minds. They all need to be aligned with Truth and to be freed from the warping influence of hate, fear, and superstition. Divine love alone is sufficient to do this cleansing work.

Courage is required if we are to claim that the Spirit of the Lord is upon us and that our divine mission is to help others to a better understanding of their nature and destiny. Misunderstanding need not

deter us from making a beginning; we can never stand fast without wavering until we know within ourselves that we are living according to what we believe.

QUESTIONS

1. How is the time "fulfilled" now?
2. Where is the proper place to begin to prove the Christ?
3. How can the intellect be imprisoned?
4. Does active expression of spiritual Truth bring us close to God?
5. Are seasons of prayer and quiet communion with God essential to good work?

## *Lesson 2, October 11, 1953*

UNITY SUBJECT—*The New Covenant.*

INTERNATIONAL SUBJECT—*God's Design for New Men.*—Jer. 31:31-34; I Peter 1:13-16, 22-23.

31. Behold, the days come, saith Jehovah, that I will make a new covenant with the house of Israel, and with the house of Judah:

32. Not according to the covenant that I made with their fathers in the day that I took them by the hand to bring them out of the land of Egypt; which my covenant they brake, although I was a husband unto them, saith Jehovah.

33. But this is the covenant that I will make with the house of Israel after those days, saith Jehovah: I will put my law in their inward parts, and in their heart will I write it; and I will be their God, and they shall be my people.

34. And they shall teach no more every man his neighbor, and every man his brother, saying, Know Jehovah; for they shall all know me, from the least of them unto the greatest of them, saith Jehovah: for I will forgive

their iniquity, and their sin will I remember no more.

13. Wherefore girding up the loins of your mind, be sober and set your hope perfectly on the grace that is to be brought unto you at the revelation of Jesus Christ;

14. As children of obedience, not fashioning yourselves according to your former lusts in *the time of* your ignorance:

15. But like as he who called you is holy, be ye yourselves also holy in all manner of living;

16. Because it is written, Ye shall be holy; for I am holy.

22. Seeing ye have purified your souls in your obedience to the truth unto unfeigned love of the brethren, love one another from the heart fervently:

23. Having been begotten again, not of corruptible seed, but of incorruptible, through the word of God, which liveth and abideth.

GOLDEN TEXT—*And I will put my Spirit within you, and cause you to walk in my statutes, and ye shall keep mine ordinances, and do them.*—Ezek. 36:27.

SILENT PRAYER—*I willingly accept the full responsibility of my freedom in Christ.*

The "new covenant" about which Jeremiah prophesied is embodied in the teaching of the New Testament, and this teaching is centered in Jesus Christ. Jesus established a new and higher consciousness for earthly man, and He taught and practiced the truth of the inner kingdom. One of His main teachings, "The kingdom of God is within you," faithfully illustrates the words of Jeremiah.

The "new covenant" was to be made with the "house of Israel" and "with the house of Judah." The "new covenant" is to be written in the inner

man. It was so written in Jesus, who devoted much of His teaching to parables showing what this inner kingdom is like. As men come universally into the inner consciousness of love and wisdom and as they practice its principles, Jeremiah's prophecy will be completely fulfilled.

An innate desire to do our part in working out the world's good is based on the conviction that the meaning of life is found in service to humanity. We may feel that we have a mission, that we have come into the world for the express purpose of accomplishing some special task. Such a conviction as this gives enthusiasm. Jeremiah felt that he had been sanctified, even before his birth, and had been foreordained to be a prophet to the Jews and to other nations.

Faith sees Truth in its highest interpretation. Faith has, therefore, the courage of its convictions, even though the outer consciousness of its possessor may be timid and shrinking. As our faith grows stronger through practice or expression in our daily lives, we lose timidity and the sense of inability to do our appointed work. By degrees we realize our freedom to express the Christ consciousness.

The real mission of an individual is to put his own life in order before he attempts the reformation of humanity on a large scale. "To whomsoever I shall send thee thou shalt go, and whatsoever I shall command thee thou shalt speak," is always true; but before we can be sent by the Lord to another, we must be tractable to the will of the Infinite. Before we can speak the words of God, we must develop the faculty of hearing them, as well as the organ of true speech. Divine words come from divine lips and,

back of them, from the divine heart. "Jehovah put forth his hand, and touched my mouth; and Jehovah said unto me, Behold, I have put my words in thy mouth."

At present men are teaching "Know Jehovah." When all men have the inner experience of Jehovah in their hearts no further teachings will be necessary. When men everywhere are conscious of the divine law in their hearts, the kingdom of God will be at hand, actually as well as ideally. With adherence to the law of love, forgiveness will become universal and sin will disappear even from memory. As long as sin remains in memory its effects will remain also. But when error is banished completely from mind, the kingdoms of the earth will become the kingdom of our Lord and of His Christ.

We need to learn the healing power of thought, the protection with which we infold others when we know for them the omnipresent safekeeping of God. For ourselves also we know only good in all that we undertake.

World peace is a subject on which we can practice obeying the divine law in our hearts. First, we keep peace in our thoughts as well as in our words and deeds. Next, we send thoughts of peace to the world and especially to those who spend their thought and effort in disrupting world peace. We owe them love instead of blame, and we can visualize them as peaceful. When we keep the law of love and omit condemnation of those whose life expressions do not conform to our ideas, world peace will be more than an ideal that seems impossible of realization. It will become a structure that we are

helping to build.

Jesus emphasized the importance of faith in healing and in other works as well. "Believe ye that I am able to do this?" "All things are possible to him that believeth." All things are possible to us, but only through faith in their possibility and the expression of our faith in practical works.

QUESTIONS

1. What is the "new covenant" about which Jeremiah prophesied?
2. What is the first mission of the individual?
3. How must all men "know Jehovah" in order that further teaching concerning Him may be unnecessary?
4. How can we practice the divine law as regards world peace?
5. What duty do we owe to others in thought?

## *Lesson 3, October 18, 1953*

UNITY SUBJECT—*Truth Is Practical.*

INTERNATIONAL SUBJECT—*New Men and a New World.*—Matt. 5:13-16; II Cor. 5:17-19; James 2:14-18.

13. Ye are the salt of the earth: but if the salt have lost its savor, wherewith shall it be salted? it is thenceforth good for nothing, but to be cast out and trodden under foot of men.

14. Ye are the light of the world. A city set on a hill cannot be hid.

15. Neither do *men* light a lamp, and put it under the bushel, but on the stand; and it shineth unto all that are in the house.

16. Even so let your light shine before men; that they may see your good works, and glorify your Father who is in heaven.

17. Wherefore if any man is in Christ, *he is* a new creature: the old things are passed away; behold, they are become new.

18. But all things are of God, who reconciled us to himself through Christ, and gave unto us the ministry of reconciliation;

19. To wit, that God was in Christ reconciling the world unto himself, not reckoning unto them their trespasses, and having committed unto us the word of reconciliation.

14. What doth it profit, my brethren, if a man say he hath faith, but have not works? can that faith save him?

15. If a brother or sister be naked and in lack of daily food,

16. And one of you say unto them, Go in peace, be ye warmed and filled; and yet ye give them not the things needful to the body; what doth it profit?

17. Even so faith, if it have not works, is dead in itself.

18. Yea, a man will say, Thou hast faith, and I have works: show me thy faith apart from *thy* works, and I by my works will show thee *my* faith.

GOLDEN TEXT—*Let your light shine before men; that they may see your good works, and glorify your Father who is in heaven.*—Matt. 5:16.

SILENT PRAYER—*My understanding of Truth is a rule of life to me.*

Truth is worth searching out for its own sake, but the rewards it offers as by-products appeal also to those whose bent is practical. To be good a thing must be good for something. Otherwise negation offsets goodness, and what under constructive circumstances would be gain is counterbalanced and its effect lost. Man has come of age religiously and aspires to stand upright, like a tree of virile strength,

a mental and physical being endowed with the power of active faith and ready to meet whatever experiences life offers him as working material.

Men have not always demanded that faith be practical. In some ages religion has been divorced from everyday life and inclosed within the individual or within cloistered walls. These conditions in part account for the wave of materiality and the repudiation of faith in God that have become evident in recent years.

Those who are searching for Truth find it best to look within themselves and study their faculties. Faith in God, for example, repays study, for faith is above all a practical faculty. Put to work in the ordinary affairs of every day, it yields good dividends. Health is largely a matter of faith that is practiced. Unlike the "vine-tree," faith stands alone, for it is sturdy. The vine is not a tree. It is a parasite upon trees, as far as requiring their support is concerned. No other tree or plant can duplicate the fruit of the vine; but as a producer of wood the vine ranks low, being fit only for kindling. We see in this part of the lesson a suggestion to put each thing to the use for which it is best suited. Also we should burn, with the fire of unflagging zeal, the easy acceptance of life as unchangeable. It is not unchangeable; it is being changed every day by those who trust the Christ within them for strength and who work to improve themselves.

Salt is good. It is good for preserving food and also for bringing out its flavor. If it should lose its saltiness it would be worthless for bringing out flavors. The qualities in man that act as preservatives

of character and that give his life piquancy and flavor likewise need to be developed and brought out.

Wisdom and intelligence are good gifts greatly to be desired. Understanding is perhaps the faculty in man that is capable of the highest development. "Ye are the light of the world." This was spoken by Jesus to His apostles, whom He had trained and whose eyes He had opened to see the inner or cause side of life. It is true for all who are sincerely trying to develop the Christ within themselves. The Christ is the light of their world also.

Passive understanding is not what Jesus recommended to His disciples. No one should be content with that. The light under a bushel is the symbol of a wasted gift, a thwarted effort. "A city set on a hill" represents the clearly held and expressed thoughts of man on any subject of high import. He cannot refuse to share his understanding with others if he wishes to keep the commandment to love his neighbor as himself. Light is universal in range, and light or understanding belongs to all who can take it. Understanding enlightens the whole man, physically, mentally, spiritually. When given conscientious expression, "it shineth unto all that are in the house."

Our "light" shines in our speech, our actions, and our consciousness. Whoever is sensitive to mental atmospheres cannot fail to feel something of the unvoiced thought of those with whom he is in vital contact. One's habitual state of mind is therefore no less important to others than to oneself. The right state of mind is one of the "good works" that men are to see and be inspired by to glorify the Father who is in heaven.

Eventually thought takes form in conduct; therefore, men are known by what they do as much as by what they are. Thought also determines what they are. Both character and conduct are the "fruits" of thought. A man's thought furthermore can be known by anyone who will analyze his acts a little. Deception is possible in what we do but not in what we are. "A good tree cannot bring forth evil fruit, neither can a corrupt tree bring forth good fruit."

Idolatry, metaphysically speaking, is living selfishly for one's own pleasure. Self-worship is as idolatrous as the worship of a graven image. Those who "sat down to eat and drink and rose up to play," with no thought but to live for their own pleasure, were not worshipers of God and could not be, since "the kingdom of God is not eating and drinking, but righteousness and peace and joy in the Holy Spirit." In these higher satisfactions man finds his true vocation and his true being.

QUESTIONS

1. Where is it best for man to seek Truth?
2. What practical suggestion is found in the reference to the vine as firewood?
3. Interpret the saying "Ye are the light of the world."
4. Of what is the light under a bushel the symbol?
5. How can we let our light shine?
6. Name one of the "good works" that we are to let men see.
7. What is present-day idolatry?

*Lesson 4, October 25, 1953*

UNITY SUBJECT—*The Law of Life.*

INTERNATIONAL SUBJECT—*The War Against Beverage Alcohol.*—Isa. 5:11-14; Matt. 18:6; Romans 13:11-14; James 4:17.

11. Woe unto them that rise up early in the morning, that they may follow strong drink; that tarry late into the night, till wine inflame them!

12. And the harp and the lute, the tabret and the pipe, and wine, are *in* their feasts; but they regard not the work of Jehovah, neither have they considered the operation of his hands.

13. Therefore my people are gone into captivity for lack of knowledge; and their honorable men are famished, and their multitude are parched with thirst.

14. Therefore Sheol hath enlarged its desire, and opened its mouth without measure; and their glory, and their multitude, and their pomp, and he that rejoiceth among them, descend *into it.*

6. But whoso shall cause one of these little ones that believe on me to stumble, it is profitable for him that a great millstone should be hanged about his neck, and *that* he should be sunk in the depth of the sea.

11. And this, knowing the season, that already it is time for you to awake out of sleep: for now is salvation nearer to us than when we *first* believed.

12. The night is far spent, and the day is at hand: let us therefore cast off the works of darkness, and let us put on the armor of light.

13. Let us walk becomingly, as in the day; not in revelling and drunkenness, not in chambering and wantonness, not in strife and jealousy.

14. But put ye on the Lord Jesus Christ, and make not provision for the flesh, to *fulfil* the lusts *thereof.*

17. To him therefore that knoweth to do good, and doeth it not, to him it is sin.

GOLDEN TEXT—*Be not fashioned according to*

*this world: but be ye transformed by the renewal of your mind, that ye may prove what is the good and acceptable and perfect will of God.*—ROMANS 12:2.

SILENT PRAYER—*The Christ in me seeks always to lift up, to renew, to encourage, and to heal.*

Keeping the law of life is an undertaking that everyone, at heart, wishes to carry through successfully, since its keeping involves health, joy, peace, and prosperity in the fullest meaning of these words. The foolish who despise wisdom and instruction do so because they do not understand the connection between the keeping of the law of life and the effects in life itself. He who meditates on what the fear of Jehovah may be is meditating on the law of life, for to fear Jehovah is to fear to violate the law of one's being; whereas the love of Jehovah is, in part, the keeping of that law.

The desire to live long is one of the most deeply rooted instincts in the heart of man. The Psalmist's question

"What man is he that desireth life,
And loveth *many* days, that he may see good?"

can be answered with "every man," for the exceptions are so few as to be negligible. The rules for gaining long life, as the Psalmist gives them, are worthy of study. They include the keeping of the tongue from evil by speaking the good; refraining from guile by being honest and sincere; departing from evil in favor of good conduct, and seeking and following peace. The person who thinks in terms of externals will see little in the list to convince him of its connection with long life. He thinks in terms of

diet and exercise, healthful occupation and rest when he considers how he may live long. These externals may have a certain importance, but they are only part of Truth. The nucleus or heart of the matter is the keeping of the law of good in thought, speech, and action.

To understand a principle and have a desire to be guided by it is one thing; to realize inner strength to follow up the desire under all circumstances is another. Except where man has developed considerable self-discipline he is prone to follow the easy way, that is, the race way.

The instruction of the father and the law of the mother have for their common aim the good of the child, but the child's natural interest is in listening to those of his own generation. And it is their voices that he heeds unless the instruction and the law are well established in his mind as principles not to be sacrificed at any price.

To live for pleasure has come to mean living for the things that gratify the senses. Strong drink, feasting, and disregard for the finer things that enrich the inner life are the consistent approaches of natural man to a life of pleasure. Pleasure of the deepest kind, however, is to be had in other ways. One's work may give one keen delight if it is seen as the work of God in which one is co-operating. A person may consider the miracle of new growth in spring, the refreshing breeze, the beauty of snow or rain as "the operation of his hands," and may take pleasure in them all. Or the hands of God may busy themselves with the thought of man, showing him how to improve it. Man may avoid the woe that

comes upon those who fail to distinguish between cause and effect in their lives if he recognizes both and chooses the causes that he would have at work. He may keep his body free from inharmony of every sort and in full manifestation of health and strength. He may know the sense of power that comes as the reward of self-discipline and the well-being that attends upon the wise ordering of his everyday life and affairs.

The intemperate man is not the only one who lacks control of his physical appetite. He also is intemperate who does not know good from evil, or who, knowing the difference, chooses evil and calls it good because he will not pay the price of good. He too is intemperate who is so headlong that he will not take time to distinguish between understanding and ignorance. Especially lacking in temperance is the man who thinks himself wise and prudent when in fact he is drunk with self-esteem and is self-deceived.

Most easily recognized of all is the intemperate person who is enslaved by intoxicants. In due season, he reaps as he has sown. Because this season is sometimes delayed, the natural man elects to believe that it will not come; but it arrives unfailingly in every case where the Christ power, love, and wisdom are not invoked to dissipate the cause.

QUESTIONS

1. What is the fear of Jehovah?
2. To what does the keeping of the law of life lead?
3. Is pleasure confined chiefly to the level of the five senses? Where else is pleasure to be found?
4. What fields does intemperance cover?

# *He Is Here*

God is afar off, do you say?
I saw Him in the fields today
Painting the leaves of the maple and oak,
Sumac and woodbine with master stroke.
So deftly still in the autumn hush
The colors flowed from His magic brush;
Orange, crimson, golden green
On each passive bough were seen.

I saw Him in the clover bloom
And the pensive lance of the willow plume
Reflected in the loitering stream
As peaceful as a vagrant dream,
And I heard His step in the winds that pass
In drowsy waves through the meadow grass;
And the flaming disc in the autumn sky
Was the glory of Him passing by.

God is afar off, do you say?
I saw Him in the fields today.

—JOCILE WEBB PEARSON

# *Silent* UNITY

***The glory of the Holy Spirit is pouring itself out upon me, and I radiate Truth.***

The Society of Silent Unity, founded more than fifty years ago, is the healing department of Unity School, ministering without seeing them, to those who need help.

Our purpose is to aid through prayer all persons who, having faith in the power of God, ask for help.

Our temporal needs are met by the freewill offerings of those to whom we minister. "Give, and it shall be given unto you; good measure, pressed down, shaken together, running over."

Our Silent Unity group numbers some hundred consecrated workers who are devoting their lives to God's work for humanity. They are proving daily that physical, financial, mental, and spiritual difficulties can be overcome by righteous prayer. Even though everything else may have failed, we shall pray *with* you, for we have faith that "with God all things are possible."

We pray *with* you and also instruct you how to pray to the Father in secret in order that you may help yourself. Silent Unity is praying always, and your co-operation in prayer is of mutual benefit. Do not hesitate to write to us for help because your problem is personal. All correspondence is confidential.

*Address your request to Society of Silent Unity, Lee's Summit, Mo. Cable address: Unity, Lee's Summit, Mo.*

**Give your full name and address**

# *Prayers* ANSWERED....

*These testimonials come from persons who have been healed by the power of Spirit. Those who wish to gain inspiration from someone whom God has healed may write, in care of the Unity School Editorial Department, to givers of these testimonials. Each letter must be unsealed and give the initials and address of the person to whom it is to be forwarded; also the name and date of the periodicals in which the testimonial appeared.*

## *My Help Cometh from Jehovah*

I KNOW THAT every day you receive letters saying, "How wonderful are the ways of the Lord." I would like to say that too, and even more than that, but I can only feel and think rather than give expression in words.

I find your literature quite refreshing and interesting to read. The *Book of Silent Prayer* I appreciate very much. The principles are so simple and true. In fact, all that I used worked quite satisfactorily and with incredible haste.

I must give thanks to you who have made life into a blessing for me, and pray that God in His wisdom and understanding bless you and keep you as a brotherhood chosen to lead His flock into great ways. May many find peace with you.—*R. B. M., Tobago, B. W. I.*

RECENTLY I received a letter from an elderly friend for whom I had subscribed for UNITY. At the time, I did not know if she would care to have that magazine, but she wrote to tell me that she had long wanted it and that there was nothing she would

rather have had than the subscription for UNITY.

Last fall while waiting in a doctor's office, I read a copy of *Daily Word* that was on the table. In this copy was an article I felt might help a friend who was having great trouble in her home. I wrote to you and asked that a copy of this particular number be sent to her. Later she wrote me that she had been helped very much, and that peace and quiet were being restored to her home. She also mentioned that she had subscribed for several Unity magazines. She had a copy of *The Week Before Christmas* sent to me, and we enjoyed it very much.

I have received much comfort and help through UNITY. The beautiful pictures on the covers are quieting and they remind us that "God's in His heaven."—*E. W. E., Idaho.*

## *He Is My Refuge*

I WISH TO THANK you for the prayers you have offered for my husband. Both his health and his affairs are much improved.

He received word that the shop of which he is in charge had placed first in a contest for dealerships. This shop was first for labor and parts sold in an area comprising three States and Alaska. This was for the very months you had been praying with me!

I am humbly grateful for the help and confidence you have given us. Inclosed is a small love offering to help in your good work.—*Mrs. M. H. C., Washington.*

WHEN I WIRED you one night four weeks ago about my husband's work, the demonstration was so in-

stantaneous, so all-encompassing, and so altogether wonderful that words cannot express even a small part of our gratitude.

Every part of his problem was met in God's own perfect way. In fact, before he had been at work an hour every discordant condition had disappeared as though a light had been turned on in a darkened room (as indeed it had been!). The anxiety and uncertainty of only the day before had changed into a consciousness of well-being and security. The changes that proved the reality of the demonstration were truly amazing. There is every indication that he is in line for bigger and better things; even those in important places have seemed to show him that this is so. Our deepest thanks for your loving and understanding help.—*Mrs. R. R. B., California.*

MY HUSBAND and I were talking this morning about the effect of your messages. For so many years my life had been just a matter of living. There seemed to be no point in anything. Now I do not worry about anything. I have turned our health and financial affairs over to God once and for all and, really, its almost unbelievable how well things are taken care of.

Although we are not affluent we are taken care of as we realize that God gives us all things as fast as we are ready for them. I am truly grateful for your wonderful help. God bless you all.—*Mrs. D. R., Washington.*

## *His Truth Is a Shield*

SOME TIME ago I wrote you for prayers for the safe

and happy vacation upon which my niece and I were about to leave.

We reached home last evening and I want you to know that never in our lives have we had such a wonderful trip. It seemed that everything worked out perfectly for us.

In spite of the terrifically heavy travel everywhere we went we had no trouble whatever. In a number of cases we had to make changes in our schedule and in every instance we were able to obtain hotel reservations, tickets, train reservations, etc., with no trouble at all. Truly, God went before us every step of the way and we have returned refreshed and happy and ready for our respective jobs when we return to our offices next Monday.—*J. L., California.*

## *Father, I Thank Thee*

THIS LETTER IS written with the deepest heartfelt gratitude possible to say thank you for your prayers which have been so miraculously answered.

I sent you a night letter asking for prayers in helping us find our dog who had been lost for several days. Now the unusual part of this story is that we had advertised in both of our local newspapers, the ad to run for four days which would end on Friday.

Saturday morning I looked in the morning paper and there was our ad which should have been discontinued the day before. I commented on the error to my son and wondered how it had occurred. About 10 o'clock that morning our phone rang, long dis-

tance from a little town north of our city and sure enough, they had our dog! Ordinarily they would not receive our local paper. They just happened to get a copy of the Saturday morning one and there was our ad, and this the morning after I had wired you for help.

Some might call this coincidence, but I know that it is the direct answer to prayer and I cannot tell you how our hearts are thrilled and uplifted to know that God does always hear us and answer when, yes, even before we call.—*Mrs. J. B., Washington.*

JUST A NOTE to express my gratitude for an abundance of the greatest things in life: a constantly growing capacity to distinguish between temporary and eternal things, the freedom to live as I desire, and for three super-fine sons. Each one is well and successful in his own field, and I thank you again for prayer.—*Mrs. R. M. F., Tenn.*

## *Free from Care*

I AM EXTREMELY pleased to advise you that with the generous help of my friends in Silent Unity, I was able to drop the tobacco habit after being addicted to it for over a quarter of a century.

It was ruining my health and all I did to overcome the habit, was to no avail. Now, in the midst of a severe winter, I feel better than ever and am free from this obnoxious habit. Thanks to the heartfelt prayers of Silent Unity.—*A. P. H., Chile, So. America.*

# UNITY CENTERS AND CLASSES

The following leaders are conducting a ministry in keeping with the Christ teachings as interpreted by Unity School.

ALABAMA

*Birmingham*—Blanche Joki, 406 N 22

ARIZONA

*Globe*—Sarah Lightle, 117 E Oak
*Phoenix*—Harold Irving, Woman's club

ARKANSAS

*Little Rock*—Mary Wayman, 108 Linwood

CALIFORNIA

*Alhambra*—Unity, 25 N 2d
*Auburn*—John Hinkle, St Luke's Episcopal church
*Bakersfield*—Della Shutts, Brower bldg
*Berkeley*—Susanna Scott, Durant hotel
*Beverly Hills*—Ruth Rae, 200 S Canon
*Burbank*—Joseph & Mildred Haggerty, 1009 Cordova, Magnolia Arcade
*Cambria*—Alfred Williams, Derby & Warwick
*Castro Valley*—Edith Gruenwald, 6104 San Carlos
*Compton*—Margaret Butterworth, 115 N Chester
*Culver City*—Dollee Phillips, 4024 Irving
*Escondido*—Unity, 143 W Grand
*Fontana*—H P Nicholls, Community church
*Fresno*—Alice Stokes, 171 Blackstone
*Glendale*—Geraldine Johnson, 119 S Kenwood; Mary Adams, 724 South st
*Hermosa*—Winifred Dietz, 77 17th
*Hollywood*—Rose Schneider, 1162 N St Andrews
*Inglewood*—Maude Galpin, 226 E Spruce
*La Crescenta*—Mary Adams, 4004 La Crescenta
*Laguna Beach*—Myron Key, 678 Glenoyre
*Long Beach*—Louise Newman, 935 E Broadway
*Los Angeles*—Ernest C. Wilson, Norma Knight Jones, C. Franklyn Kelly, 635 S Manhattan Pl; Nina Fisher, 3010 Palm Grove; Helen Mouton (col) 4419 Mettler; Glenna Arrowsmith, 967 W Vernon; Emma Luke, 2120 S Union
*Modesto*—Alma Ladd, 201 Eye
*Monrovia*—Irene Malloy, 201 E Lime
*Montebello Park*—Gertrude Hall, Woman's Club
*Napa*—Helen Wade, Churchill manor
*North Hollywood*—Joseph & Mildred Haggerty, 4871 Lankershim blvd
*Oakland*—Alma Morse, 144 Athol
*Oceanside*—Sonja Samiran, K P hall, 115 N Tremont
*Pasadena*—Max & Frances Flickinger, 293 N Euclid; Carrie Love, 80 Orange
*Pomona*—C L Tuntland, 249 W Monterey
*Redlands*—H P Nicholls, 306 Brookside
*Richmond*—Winifred Deming, 1125 Nevin
*Riverside*—Leroy Tuntland, 3940 8th
*Sacramento*—John Hinkle, 1025 9th; Blanche Evans, Native Sons bldg
*San Bernardino*—Mr & Mrs H P Nicholls, 763 D st
*San Diego*—Marie Fleming, 441 C st
*San Francisco*—Mary Scully, 25 Fulton; Ethel Higgins, 133 Geary
*San Gabriel*—Ethel Turner, 325 S Pine
*San Jose*—Rose Emery, 40-B S 1st
*San Leandro*—Barbara Lyon, 561 Lafayette
*San Rafael*—Helen Wade, 701 Mission
*Santa Ana*—Myron & Estelle Key, 2015 N Broadway
*Santa Barbara*—Robert Sikking, 227 E Arrellaga
*Santa Cruz*—Unity, 916 Riverside; Fredrick Robinson, 1118 B Mission
*Santa Monica*—Sue Sikking, 1528 3d
*Santa Rosa*—Helen Wade, 845 3d
*South Gate*—Edna Drebert, 2945 Tweedy
*Stockton*—Grace Swannell, 48 W Poplar
*Taft*—Della Shutts, 402 Monroe
*Van Nuys*—Mary Hider, 7605 Van Nuys; Vera Stenen, 5745 Woodman ave
*Vista*—Sonja Samiran, 323 A B'way
*Walnut Creek*—Marie Giles, Eagles Hall
*Whittier*—Louise Newman, 7819 Glengary

COLORADO

*Colorado Springs*—Ann Winstead, 1307 W Colorado
*Denver*—Alice Benson, 1441 Welton
*Pueblo*—Edith Wilshire, YWCA

CONNECTICUT

*Bridgeport*—Helen Kersten, 199 Fairfield
*Hartford*—Faith Cornwall, 721 Main
*New Haven*—Bonnie Adams, Hotel Taft

DISTRICT OF COLUMBIA

*Washington*—Margaret & E Roy Feldt, New Colonial hotel; Ann Sandefer, 1733 Eye st N W

FLORIDA

*Clearwater*—Louise Beaty, Chamber of Commerce auditorium
*Daytona Beach*—Mary Huck, 128 B'way
*Delray Beach*—Frances Jarrell, 415 E Atlantic
*Ft Lauderdale*—Nora Campbell, Woman's club; Maud Guitteau, 11 NE 8th
*Ft Myers*—Ann Werner, Grand & Lafayette
*Hollywood*—Nora Campbell, 211 Morse Arcade
*Jacksonville*—Wm & Bonnie Grenson, 634 Lomax
*Lakeland*—Unity, City hall
*Lake Worth*—Maud Guitteau, 20 S Federal hgw
*Miami*—John Baughman, 158 NE 4th
*Miami Beach*—May Stoiber, 5501 Pine Tree
*Orlando*—Carolyn Parsons, 503 S Orange

*Pensacola*—Eva Rosencrans, 114 W Garden
*Sanford*—Carolyn Parsons, Valdez hotel
*Sarasota*—Dorothy Roy, Woman's club
*St Petersburg*—Louise Beaty, 801 6 ave S
*Tampa*—Ruby Wagner, 626 No B
*West Palm Beach*—Hal Rosencrans, 423 Iris

GEORGIA

*Atlanta*—Wendell Mixson, 635 W Peachtree; Mabel Butts (col) 382 Ashby NW

HAWAII

*Honolulu*—Marie Handly, 240 Lewers rd

IDAHO

*Boise*—Christopher Scott, Pinney bldg

ILLINOIS

*Alton*—Elsie Eckert, Mineral Springs hotel
*Bloomington*—Margaret Cain, 108 E Mulberry
*Champaign*—Viretta Sutherland, First Methodist Church Parish House
*Chicago*—W I & Anna Hoschouer, 306 S Wabash; Unity, 64 W Randolph; Janet Beaudry, 410 S Michigan; Myrtle Moore, (col) 1129 E 45; Henrietta Gordon (col) 4307 S Mich; John Johnson (col) 3310 W 15
*Decatur*—Hazel Erisman, 317 W Decatur
*E St Louis*—Florence Schaefer, 656 N 79
*Evanston*—Maud Kellogg, Evanston hotel
*Jacksonville*—Viretta Sutherland, Dunlap hotel
*Mattoon*—Unity, 1305 Broadway
*Rockford*—Bernice Biggers, 115 S Regan
*Springfield*—Eva Conover, 789 S 7th

INDIANA

*Ft Wayne*—Erwin Schlag, 2440 Fairfield
*Gary*—Grace Free, YMCA 225 W 5th
*Hammond*—Grace Free, K of P hall
*Huntington*—Erwin Schlag, Court house
*Indianapolis*—Margaret Strahle, 907 N Delaware; Frederick Andrews, 8 E Market

IOWA

*Des Moines*—Wm Fischer, 3118 Grand

KANSAS

*Hutchinson*—Nona Kerfoot, 316 W 15th
*Topeka*—Harriet Pfouts, Jayhawk hotel
*Wichita*—Carl & Lois Moran, 3241 Victor

KENTUCKY

*Louisville*—Maebel Carrel, 1322 S 4; Ruth Cox (col) 1233 S 16

LOUISIANA

*New Orleans*—Elois Echlin, 4730 Cleveland; Ruth Murphy, 3722 St Charles
*Shreveport*—Gilliam David, 721 College

MAINE

*Portland*—Unity, 562 Congress

MARYLAND

*Baltimore*—E Roy Feldt, Emerson hotel

MASSACHUSETTS

*Boston*—Elinor MacDonald, 30 Huntington
*Cambridge*—Edna Titus, 881 Massachusetts
*Worcester*—Elinor MacDonald, Academy bldg

MICHIGAN

*Ann Arbor*—Marie Munro, 310 S State
*Battle Creek*—Eleonore Kraft, Woman's League
*Bay City*—Aelola James, 231 Wash
*Birmingham*—Frank Glabach, Theater bldg
*Detroit*—Eric Butterworth, 17505 2d blvd Martha Fishburn, 4221 Eastlawn; Virginia Shipley, 115 E Grand River; Lois Anderson (col) 146 Englewood
*E Lansing*—Roxie Miller, 425 W Grand River
*Flint*—Michael Giannuzzi, Metropolitan bldg
*Grand Rapids*—Leon Miller, Scribner & 2d N W
*Jackson*—Eleonore Krafft, Security bldg
*Kalamazoo*—Amy Moffatt, 209 W Dutton
*Lansing*—Nora Hines, YWCA bldg
*Midland*—Aelola James, Community Center bldg
*Muskegon*—Leon Miller, YWCA
*Pontiac*—Eve Edeen, 71½ N Saginaw
*Royal Oak*—Walfred Taurainen, 101 S Troy

MINNESOTA

*Minneapolis*—Lila Ranney, 2300 Hennepin
*St Paul*—Nellie Hohenwald, New York bldg

MISSOURI

*Independence*—Fannie Baldwin, 210 N Delaware
*Jefferson City*—Unity, 319 Ash
*Kansas City*—Louis E & Ethel Meyer, Dan N Saunders, 707 W 47th
*Lemay*—Julia McKee, 284 Lemay
*Lee's Summit*—Unity Village Center
*Overland*—Kate Evans, 2422 Goodale
*Springfield*—Polly Weeks, 213 E Chestnut
*St Joseph*—Osla Jones, 12 and Felix
*St Louis*—Dale & Donna Newsum, 4526 West Pine; Hilda Westermeyer, 3616 Bates; Florence Brummer, 4621 S Kingshighway; Ethel Bradley, 4328 Easton

MONTANA

*Billings*—Ross Breakwell, 101 Lewis
*Bozeman*—Mary Wessel, 103½ Bridges Arms
*Butte*—Mary Wessel, YMCA
*Great Falls*—Lillian Cook, 1023 2 Ave S
*Livingston*—Mary Wessel, 118 E Callender
*Missoula*—Maidie Van Etten, 517 E Main

NEBRASKA

*Omaha*—C N & Hallie Broadhurst, 1317 N 42d

NEVADA

*Reno*—Robt & Fay Caswell, 847 University

NEW JERSEY

*Allenhurst*—John Manola, 411 Spier
*Hackensack*—Eleanor Drew, Woman's club
*Montclair*—Gladys Stevenson, 6 S Fullerton
*Newark*—Edith Berry, Berwick hotel
*Plainfield*—Clarion Lindas, Babcock bldg
*Paterson*—Gladys Stevenson, 35 Church
*Ridgewood*—Louise Gerhold, YWCA, 112 Oak

*Trenton*—Edith Berry, 135 Academy

NEW MEXICO

*Albuquerque*—Mina Stevenson, 1219 Tijeras ave NW

NEW YORK

*Albany*—Marian Hoagland, YWCA
*Buffalo*—Lillian Matthews, Statler hotel
*Elmira*—Florence Duncan, 455 W Gray
*Flushing*—Adele Woodruff, 135-42 40 rd
*Forest Hills*—Adele Woodruff, Tennis Grill, 6 Burns
*Great Neck*—Emma Jean Sartori 73 Cutter Mill
*Ithaca*—Unity, Women's Community bldg
*New Rochelle*—Ethel Nickelsen, Huguenot YMCA
*New York*—Georgiana West, 1 W 47; Crichton Boatwright, 57 Park Ave; Josephine Siemon, 400 E 59; Stella Wrenn, 15 E 11 st; Nanna Sutton (col) 2333 8th ave; Janet Holland (col) 2523 7th ave
*Rochester*—Elise Rosenburg, 55 Prince
*Roslyn Heights*—Adele Woodruff, 53 Mineola
*Schenectady*—Marian Hoagland, Lafayette & Chapel
*Syracuse*—Russell Kemp, 110 Onondaga A
*Troy*—Marian Hoagland, 50 2d
*Valley Stream*—Stella Wrenn, 145 S Franklin
*White Plains*—Eleanor Drew, Masonic temple

NORTH CAROLINA

*Asheville*—Velma Hoffman, Battery Park hotel

OHIO

*Akron*—Frank Grunder, 1025 W Market
*Canton*—Fred Beale, 203 6th N W
*Cincinnati*—Erma E Wissmann, 2853 Madison rd; Millie Leslie, 18 W 9
*Cleveland*—Earl & Martha Anthony, Hotel Cleveland; Cleo Lee, Masonic temple, 3615 Euclid
*Columbus*—Joe Jones, 50 West 5th ave
*Dayton*—Ethel Crouch, 1008 Grand ave
*Hamilton*—Mary Harding, 117 Ross
*Marion*—Mercedes Fossler, YMCA
*Springfield*—Lucy Stringer, 2215 E High
*Toledo*—Wallace Tooke, 2740 Upton
*Warren*—Unity, YWCA bldg
*Youngstown*—Unity, Home Sav & Loan bldg

OKLAHOMA

*Bartlesville*—Ruth Jacques, 309½ Johnstone
*Muskogee*—Ruth Jacques, Equity bldg
*Oklahoma City*—Alice & Schuyler Cronley, 318 Midwest bldg
*Okmulgee*—Ruth Jacques, 111 E 7
*Tulsa*—Grace Kehrer, 714 S Boston

OREGON

*Eugene*—Unity, 1215 Oak
*Portland*—Marion Lance, 811 NW 20

PENNSYLVANIA

*Philadelphia*—Adelaide Cotter, 1835 Chestnut
*Pittsburgh*—Andrew Carlson, 809 Arch

PUERTO RICO

*San Juan—Santurce*—Rafaela Melendez, 306 Condado ave, stop 17

TENNESSEE

*Chattanooga*—Frances Clement, 756 Oak
*Memphis*—Unity, 1911 Madison ave
*Nashville*—Susan Smartt, 1816 Broad

TEXAS

*Amarillo*—Eugenia Lane, 2120 Tyler
*Dallas*—Ruth Gillespie, Cora Crandall, 5638 McCommas
*El Paso*—Mabel Peck, 1300 E Rio Grande
*Fort Worth*—Ruth Johnson, 901 Page
*Houston*—Lillian Brass, 3500 Louisiana; Corine Smith (col) 3902 Leffingwell
*San Antonio*—Mary Myles, Maverick bldg

WASHINGTON

*Bremerton*—Marion Brown, 925 Park
*Everett*—Estelle MacPherson, 2609 Wetmore
*Olympia*—Warren Meyer, YWCA
*Pasco*—Beulah Scott, 404 N 7
*Redmond*—Ella Peterson, Cedar & Kirkland (library bldg)
*Seattle*—Donald O'Connor, Arcade bldg; Ella Petersen, 12511½ Bothell
*Spokane*—Herbert Hunt, 1124 W 6 ave
*Tacoma*—Warren Meyer, 1012½ A st
*Yakima*—Beulah Scott, 109 S 4

WEST VIRGINIA

*Huntington*—Unity, Lewis Arcade bldg

WISCONSIN

*Beloit*—Bernice Biggers, YWCA bldg
*Mercer*—Ella Beierle, Rice lake
*Milwaukee*—Mae Lundahl, 1820 E North; Emma Terrien, 1136 W Madison
*Sheboygan*—Lu Verna Bauer, 1603 S 9

CANADA

*London*—Herbert Nicklin, 70 Dundas
*Montreal*—May Duncan, Ritz-Carlton hotel
*Ottawa*—May Duncan, King's Daughters bldg, Laurier ave
*Toronto*—Mary & George Dunning, 2249 Yonge
*Windsor*—Unity, Pitt bldg
*Winnipeg*—Edna Bowyer, 360 Young

ENGLAND

*Carnarvon, North Wales*—Dora Johnson, Llanfair Hall
*Easington Village*—Thomas Merrington 11 Sea View, Co Durham
*London*—Ruth Hacking, 6 Stanhope Terrace, W 2
*Nr Whitstable*—Olive Hacking, 14 Russel dr, Swalecliffe, Kent
*Sunderland*—Thomas Merrington, Co Durham

MEXICO

*Mexico D F*—Clara Kouns Lumpkin, Juarez 30, room 305

Unity literature in French: Unite, 22 rue De Donai, Paris XVIIe, France; in Italian: Senora Eva Pasini Viale Coni Zugna, 11 Milano, (746) Italy.

## *Mightier than Circumstance*

By Frank B. Whitney

"You are unlimited!" writes Frank B. Whitney in his book *Mightier than Circumstance.* "The presence of God is ever with you, inspiring you to rise out of all human concepts of limitation and accept His Truth. You can do whatever you want to do. You can be whatever you want to be. You can have whatever you want. But one thing is necessary. You must be able to reach the high consciousness in which you know that there are no limitations."

God places us in a world free from limitation. The purpose of this book is to help us regain our freedom, which we have lost by accepting the race idea of limitation. Mr. Whitney says we may rise above limitation by attaining a high consciousness of God's presence. By calling upon His power, we may become mightier than circumstance!

*Mightier than Circumstance* is comprised of thirty-nine articles and poems by Mr. Whitney. All are filled with practical ideas for using Truth in our daily lives.

(*Mightier than Circumstance* is $1 a copy.)

# Unity Books and Booklets

| | | | |
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| *For Beginners in Truth* | Beginning Again | | $1.00 |
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| Gift of Immortality, The | .10 | Sanctuary | .10 |
| God Is Blessing You Now | .10 | Song of Life, The | .10 |
| Good News, The | .10 | Stream of Life, The | .10 |
| Great Helper, The | .10 | Where I Am King | .10 |

(Any 12 of these booklets $1. Envelopes included)

# NEWS *from* UNITY

## *Does Your Subscription Expire Soon?*

If you have a subscription for a Unity periodical that expires within the next few months, you can help us greatly by sending in your advance renewal order now so that we may handle it before the Christmas rush begins.

During the busy Christmas season nearly 350,000 subscriptions for various Unity periodicals will expire—and at a time when our office is already stacked high with great piles of other Christmas orders.

Your renewing now will be appreciated by every Unity worker. In addition, it will enable us to make some other persons happy on Christmas morning with Unity publications. So send in your renewal NOW and help us to handle it more efficiently.

Thank you for your loving co-operation and for your interest in the Unity work.

## *Lower Price on Martin Books*

Many friends have written to us in appreciation of the books *Teach Me to Pray* and *Thank You, God,* by Bill and Bernard Martin. They have told of the help their children have received from these two books on prayer and how they have loved and welcomed them into their homes.

One mother wrote: "We received a copy of the children's *Teach Me to Pray* and are delighted with it. My daughter reads a page each day and is trying very hard to live up to the high standards it sets forth.

"Now, one of my sisters would like a copy for her little girl, so I would like to send it to her."

If you wish to order either *Teach Me to Pray* or *Thank*

*You, God* for your children or grandchildren, you will be especially glad to know that the price was lowered to $1 a copy on September 1. Either of these fine children's books on prayer may be ordered from Unity School at Lee's Summit, Missouri.

## *New Swedish Translations Are Available*

The book *You Can Be Healed,* by Clara Palmer, which has brought help and inspiration to many persons, has recently been translated into Swedish by Mrs. Ida Palén, a devoted Unity friend in Europe.

Entitled *Det Sköna Templet,* the book is paper-bound and has on its cover an inspiring reproduction in light blue of a painting of Jesus.

Also available in Swedish is a pamphlet giving information about the Unity movement. This pamphlet is entitled *Unity* and the material it contains was taken from *The Household of Faith,* a full-length history of the Unity movement.

For further information about either of these Swedish translations, write to Maija Blomberg, Tervakoski, Finland, who distributes them. Unity School also has a limited number of copies for distribution.

Our sincere blessings go out to these consecrated persons who are helping to spread the Unity teachings in foreign countries.

## *Article about Fibber McGee Show to Appear This Month*

"It won't be with us long," said a radio network official after hearing the first Fibber McGee and Molly show in 1935. "It's just another one of those things," he added.

But now the Fibber McGee and Molly show is in its eighteenth season and is known and loved in homes all over the country.

Marian and Jim Jordan, who take the parts of Fibber McGee and Molly, have some definite ideas about how a radio show should be run. They believe that their humor should be kind to others, and they have gone to great lengths to eliminate from their scripts any remarks that might offend any of their listeners. The only one on the show who consistently takes a "ribbing" is Fibber McGee himself, and even he is a sympathetic character in his erratic way.

Don Quinn, who has writ-

en the Fibber McGee and Molly show from the beginning, has always worked without a written contract. The business relationship has been based on a verbal agreement and a belief in fair play and friendship.

The story of how Marian and Jim Jordan have attained the revered place in show business they hold today is told in the article, "What Makes Good Entertainment?" by Duane Valentry. You may read this interesting article in the October issue of *Good Business* magazine. A year's subscription for *Good Business* is priced at only $1.

## *Radio Programs Supplement Braille Literature*

One of our friends suggested recently that Unity recommend the *Unity Viewpoint* radio programs to those without physical sight and who read Unity's Braille literature. An announcement about these programs has been placed in most of Unity's Braille publications, but if you have friends without physical sight you may wish to call their attention to the *Unity Viewpoint* programs.

If announcements of Unity radio programs do not appear in your local newspaper, write to Unity School at Lee's Summit, Missouri, for a free radio schedule, which gives the time and station for the broadcasts.

## *Detroit Leader Addresses Unity Workers*

Some time ago Unity workers had the pleasure of hearing talks by several Unity center leaders from the field. Eric Butterworth, minister of the Detroit Unity Association, spoke on the subject, "An Attitude That Will Change Your Life."

"You may expect me to give you some wonderful formula or magic expression that will do all the work for you," he began. "But actually any attitude will change your life, because attitudes make life."

The speaker defined an attitude as a state of mind and quoted the well-known Bible passage, "As he thinketh within himself, so is he." He stated that every attitude we have changes our lives. He referred to the much-used phrase, "Practice the presence of God."

Instead of practicing the presence of God, he believes many of us really practice

the absence of God. Practicing the presence of God, according to Mr. Butterworth, consists of realizing that there is only God. Whenever we feel concern about ourselves, our loved ones, or the world in general, we are practicing the absence of God.

"The only things in your life that are real are the things that are of God. Those are the things that are changeless."

Mr. Butterworth stressed the importance of approaching a challenge with the conviction that it will change and pass away and good will eventually take its place. "There is nothing negative about a need. There is nothing negative about an empty pocketbook. There is a need, but there is fulfillment for it. The only negative thing is the attitude we take about it."

The speaker told his audience that anything in life that isn't good can be changed. We are spiritual beings, children of God, but our lives will never be changed and we will never be really happy until we realize that we are children of God.

"I do not mean to tell you that someone will come to your door and give you a bag of gold," he said, "though we know that such a thing can happen. The freedom of thought that you gain by practicing the presence of God will keep your mind open to receive all good, and you will learn to look to God as your unfailing resource."

## *"Thank You for Not Raising Your Prices"*

This letter came to Unity from a reader in Colorado:

"I want to take this opportunity to commend you for not raising the subscription prices of Unity periodicals. We all know that Unity is operating at a loss, because everything has gone up, but it is the love offerings that make the work possible. If subscription prices were increased, there would be many who need badly the wonderful truths the magazines contain but they would be unable to afford them. You are doing a most wonderful service, and God bless you.

"I am inclosing a check for ten dollars as a love offering to be used where it is most needed."

It is through the loving help of such friends that Unity literature is made available to those who need it. Our blessings go out to all who play such an important part in the work.

# *How I Read My*
# WEEKLY UNITY

"The Silent Unity page comes first in my reading of *Weekly Unity,* and then comes Lowell Fillmore's column, 'Things to Be Remembered.' After I finish those two, I turn to the first page and read right through the paper.

"During the week, I go back over my *Weekly Unity* again and again, studying the sections and paragraphs that especially appeal to me and help me with a problem. I even find parts coming back to me that I read weeks before, and I immediately find the copy and reread it, to be pleasantly surprised with a new approach to a Truth idea.

"I find that *Weekly Unity* is a good paper to carry with me at all times. It makes a street car ride pass very quickly. Reading the paper keeps negative thoughts out of my mind when I have to spend forty minutes riding to town. It has another advantage: I am not conscious of any negative conversation that may be going on around me. I proved that to myself one day when I didn't have my copy with me, so now I am always certain that I have a copy of *Weekly Unity* in my purse before I leave home."

If you read *Weekly Unity,* you know how much practical spiritual help it contains. No doubt you have your own way of reading to glean a rich harvest of Truth ideas.

But if you are not familiar with this Truth periodical, send for a subscription and try reading it in the manner our quoted subscriber has outlined.

You can receive *Weekly Unity's* spiritual help for a full year for only $1. Send your order today for fifty-two issues of inspiration.

UNITY SCHOOL OF CHRISTIANITY
LEE'S SUMMIT, MISSOURI

# *Good Neighbor Thanks*

## FROM ACROSS THE SEA

FROM JAPAN: "I thank you from the bottom of my heart for having sent me *Weekly Unity* and *Daily Word* throughout the past year through your special gift plan, the Good Neighbor Fund. And thank you very much for renewing my subscriptions. How much courage and inspiration these publications have brought me in my daily problems! I am more firmly determined than ever to apply the principles of Truth to my teaching job at the high school. Sometimes I translate the articles for my Japanese friends and students who are eager to hear them."

FROM THE CHANNEL ISLANDS: "Thank you again and again for all your love and kindness, which comes out to us through the fervent prayers of Silent Unity. And thanks to all those kind friends who have made it possible for me to have *Weekly Unity;* I look forward to receiving it as I do daily food. It gives me new life and faith and an understanding that I lost through much sickness and hardship. All I can say is, 'May you be richly blessed for your kindness.' "

FROM THE NETHERLANDS: "From the bottom of my heart I thank the friends of the Good Neighbor Fund who make it possible for your periodicals to come to me and to others here. *Good Business* magazine is, I believe, indispensable to me. I read and reread most of the articles. They are very inspiring and give me the Golden Rule as a way of business. The magazine has given me many blessings and joyful friendships with my customers. It has given me inner peace and quiet and a harmonious way of life."

The work of the Good Neighbor Fund is made possible by love offerings of friends who wish to make Unity literature available to persons in foreign countries.

UNITY SCHOOL OF CHRISTIANITY
LEE'S SUMMIT, MISSOURI

# *The Seven Spartans*

## A NEW UNITY BOOK FOR CHILDREN

Since 1925 the Spartan stories have appeared in *Wee Wisdom* magazine. They have been immensely popular with both boys and girls, and during those years the seven *Wee Wisdom* Spartans have inspired children in many parts of the world to live up to the ideals of courage and bravery that the ancient Spartans symbolize.

Many years ago a Spartan club was formed in emulation of the *Wee Wisdom* Spartans. Its members are now grown, and one is a fashion designer; one rose to a colonelship in the army before his discharge; one is a dental technician and social worker. All are useful and dedicated citizens. They feel that they owe much of their success to the high ideals developed in their childhood through taking part in the Spartan group.

Now, a book of these spirited stories, written by Lawrent Lee, has been added to the list of Unity publications for children. Titled *Adventures of* THE SEVEN SPARTANS, this book contains fourteen of the Spartan stories that have appeared in *Wee Wisdom* magazine. The accounts of how the seven Spartans try to live up to their Spartan standards in their own modern world will provide many hours of exciting reading for boys and girls. Not only will young readers enjoy following *Adventures of* THE SEVEN SPARTANS; they will gain valuable character instruction from the book as well.

Attractively bound in green and illustrated with silhouette drawings by Florence McCurdy, *The Seven Spartans* is priced at $1 a copy.

UNITY SCHOOL OF CHRISTIANITY
LEE'S SUMMIT, MISSOURI

# *God's Investment in You*

God has invested in you His power, His love, His wisdom, and His substance. You are here to do His will and work. He is ever willing to work with you through His laws, and if you follow those laws He will not let you fail. You have His promise that whatever you do in His name shall prosper.

God's laws for your good are the basis of the Unity Prosperity Bank plan. This plan will show you how to work with Him to prosper His investment in you. As you follow the Bank plan, Silent Unity prays with you for your success. The amount saved in the Bank may be used to send UNITY subscriptions to your friends, and thus the plan provides opportunity for you to share Truth with others. Send for your Bank today, using the coupon below.

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Unity School of Christianity, Lee's Summit, Mo.

Please send me a Prosperity Bank and ask Silent Unity to pray with me for a scccessful demonstration. I will use the drill seven weeks and save $3 for the three UNITY magazine subscriptions (one year each) listed below:

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# BE OF GOOD COURAGE

## A NEW UNITY BOOK

*By Frank B. Whitney*

Frank B. Whitney was the first editor of *Daily Word* magazine. Ever since 1924, when he introduced this little messenger of wisdom, Mr. Whitney's writings have been popular with Unity readers.

*Be of Good Courage* is a collection of short articles and poems designed to inspire the reader with the courage to live the Truth that Jesus taught. Some of the items have appeared before in various Unity publications; others have never before been published except in *Daily Word*. All were selected for this new book because of the practical, usable teaching they give.

For the convenience of the reader, the book *Be of Good Courage* is arranged in seven sections to cover special needs: "Courage," "The Present," "Harmony," "Healing," "Prayer," "Inspiration," and "Blessing." Each section is illustrated with a beautiful pen-and-ink drawing by Ilah Marian Kibbey, the artist who illustrates *Weekly Unity*.

## *Unity Books to Be Colorful*

The publication of *Be of Good Courage* introduces a new era for Unity books. Formerly, Unity books have been bound in black Keratol. But to make these publications more attractive, they will now be bound in a rainbow of bright colors. *Be of Good Courage* will introduce the procession of Unity books to appear in bright-colored bindings. It will be bound in a rich, lustrous green.

*Be of Good Courage* in the new, colored binding, is priced at $1 a copy. Order yours today from:

**UNITY SCHOOL OF CHRISTIANITY**
**Lee's Summit, Missouri**

# *In Quiet Places*

Be glad, heart-weary, for the simple things:
For range of mountains lit with gleaming snows,
For lakes and woodland depths where silence flows
Like an exultant song! For whisperings
Of peace where ragged pine trees pray! Rejoice
That thoughts may come to rest by quiet streams,
Where sun and shadows merge and little dreams
Are born; where faith comes near with singing voice.

Who seeks shall find endurance from old trees.
Who kneels with waiting heart shall catch the sound
Of bladed beauty pushing through the ground;
Shall find release from dull finalities.
Who seeks shall find the ancient gods again
In cloistered places—and his God within!

—*Dedie Huffman Wilson*

UNITY

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